

Legacy Health

What are common side effects of warfarin?

Bleeding and bruising are the most common side effects of warfarin.

When should you seek medical attention?

- Nosebleeds lasting more than 20 to 30 minutes
- Vomit (throwing up) that looks like coffee grounds, or has bright red blood in it
- Stools that are black and tarry looking, or have bright red blood in them
- Blood in your sputum (spit) after coughing
- Red or brown colored urine
- A serious fall, or blow to your head
- Sudden and severe headache or stomachache

How to avoid side effects from warfarin

- Tell your healthcare providers about all the medicine you take, including over-the-counter drugs, vitamins, and herbal supplements.
- Keep your diet the same, or let your healthcare provider know about any changes you plan to make.
- Avoid alcohol.
- Remind all your healthcare providers, including your dentist, that you are taking warfarin before any surgeries or procedures.

In case of emergency...

Call 911 or go to the nearest emergency room if you have any signs of serious bleeding.

Questions? If you have questions, or would like more information, please call your anticoagulation clinic.

