

# Legacy Health

## Taking other medicines while on warfarin



### How do other medicines affect warfarin?

- They can cause your INR to become too high or too low
- Some medicines may decrease the effectiveness of warfarin to prevent blood clots
- Other medicines may increase your risk of bleeding while on 'blood thinners'

### Talk to your anticoagulation clinic about using:

- Prescription medicines
- Over-the-counter medicines
- Vitamins
- Herbal products and diet supplements

### Examples of common medicines that can interact with warfarin:

#### Prescription medicine

- Antibiotics
- Amiodarone (used for certain heart problems)
- Anti-inflammatory drugs (such as prednisone)
- Anti-seizure medicines
- Cholesterol-lowering medicines like statins
- Medicine used to treat depression

#### Over-the-counter medicines:

- Pain medicines such as aspirin, ibuprofen (Advil® or Motrin®), naproxen (Aleve®), Alka-seltzer®
- Diarrhea medicines such as Pepto-Bismol®
- Heartburn and stomach ulcer medicines

#### Vitamins, herbals, and diet supplements:

- Nutrition drinks containing Vitamin K such as Ensure® and Boost®
- Vitamin E, Fish oil capsules, Flaxseed
- Glucosamine-chondroitin
- Coenzyme Q10
- Alfalfa
- Ginseng
- St. John's Wort

**Questions?** If you have questions, or would like more information, please call your anticoagulation clinic.