



LEGACY
LABORATORY
SERVICES

Stool Specimen Collection Guidelines, 24-Hours

Special gallon-size and aliquot containers are available upon request for the collection and transport of stool specimens.

1. Weigh the empty specimen container that will be provided to the patient for the stool collection and record the weight.
2. Weigh the container at the end of the stool collection and calculate the weight of feces. Record the weight in grams on the request form.
3. Mix the feces using a paint stick or by shaking and transfer at least 20 grams of well-mixed feces into the aliquot container provided. **Do not send the entire stool collection.** Maintain an aliquot of the frozen specimen at your facility if possible.
4. Freeze the aliquot sample for transit.