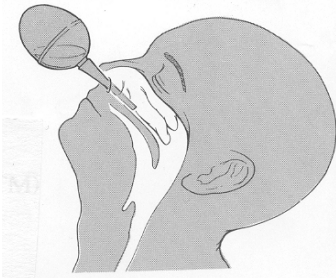


## Physician Office Instructions for Viral Pertussis Collections

**Multiple tests (depending on quantity) can be performed on these two types of collections, (i.e. RSV and pertussis PCR, viral culture and pertussis PCR, etc.) from only one specimen.**

### Nasal Wash: (Recommended)



Materials: Saline

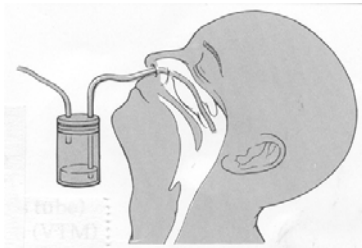
1-2 oz. Tapered rubber bulb\*  
Specimen Container

Method: 1) Suction 3-5 mL saline into a new sterile bulb  
2) Insert bulb into one nostril until nostril is occluded  
3) Instill saline into nostril with one squeeze of the bulb and immediately release bulb to collect recoverable specimen  
4) Empty bulb into suitable dry, sterile specimen container or test tube with cap.

There is also a SYRINGE METHOD using a 3-5 mL syringe and 2 inches of 18-20 gauge tubing. Method is the same; inject saline and quickly aspirate back into syringe.

*\*Length and diameter of syringe, tube, or bulb as appropriate for infant, child, or adult*

### Nasal Aspirate:



Materials: Portable suction pump

Sterile suction catheter  
Mucus trap (i.e. Luken's tube)

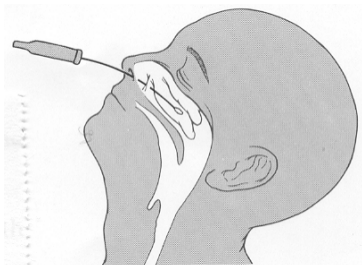
Method: 1) Attach mucus trap to suction pump and catheter, leaving wapper on suction catheter; turn on suction and adjust to suggested pressure (see table).  
2) Without applying suction, insert catheter into the nose, directed posteriorly, toward the opening of the external ear.\*\*  
3) Apply suction: using a rotating movement, slowly withdraw catheter. Catheter should be in nasopharynx no longer than 10 seconds.  
4) Hold trap upright to prevent secretions from going into pump.  
5) Rinse catheter with saline (if necessary), disconnect suction, connect tubing to arm of mucus trap to seal.

Patient Age	Catheter Size	Suction Pressure
Premature Infant	6	80-100 mmHg
Infant	8	80-100 mmHg
Toddler/Preschooler	10	100-120 mmHg
School Age	12	100-120 mmHg
Adolescent/Adult	14	120-150 mmHg

*\*\*To determine length of catheter tubing measure distance from tip of nose to external opening of ear.*

**Only one type of test (RSV or pertussis) can be performed per swab on these specimens.**

### Nasopharyngeal Swab:



Materials: Nasopharyngeal swab (see below for type):

**\*Viral or pertussis PCR** – Green top, Dacron or Rayon tip, (NOT calcium alginate), liquid Stuarts transport

**\*Pertussis culture** – Orange top, charcoal, Amies transport (Charcoal swabs are ONLY good for culture, NOT PCR)

Specimen, swab containers or M4 media

Method: 1) Insert swab into one nostril  
2) Press swab tip on the mucosal surface of the mid-interior portion of the inferior turbinate, and rub the swab tip several times across the mucosal surface to loosen and collect cellular material.  
3) Withdraw swab; insert swab into sterile container or swab container.  
4) For viral cultures, BUT NOT PERTUSSIS, immediately insert swab into a vial of M4 media.

*\*Legacy provides both of these swab types through Legacy Laboratory Supply department. Turn around times for pertussis PCR is 72 hours, pertussis cultures up to 16 days.*

**These specimens will not be collected at Legacy Patient Service Centers or Laboratories.**

**Legacy Laboratory Services is here to assist you. If you have questions about this procedure, please call (503) 413-1234 or 1-877-270-5566.**