



LEGACY
LABORATORY
SERVICES

Patient Instructions for Collecting a Chlamydia and Gonorrhea Urine Sample

Patient should not urinate for one hour before collection.

Collect the **first** 20-30 mL of voided urine (first part of the stream).

Collection Container: Use a plastic, preservative-free, sterile urine collection cup to collect the specimen.

Storage: Refrigerate the specimen immediately and maintain at 2-8°C during transport.

If you have questions, please call your physician.