



LEGACY
LABORATORY
SERVICES

Post Vasectomy Patient Instructions

Please read collection instructions before collecting sample.

Patient: _____

Collection Date: ____ / ____ / ____ Collection Time: ____ : ____ AM / PM

(Circle one)

Number of weeks since vasectomy: _____ weeks

Number of days since last ejaculation: _____ days

Was complete sample collected? YES NO

Problems with collection? YES (If YES, please describe) NO

Date and time sample received in the laboratory: _____

WHERE TO BRING YOUR SPECIMEN:

Read the specimen collection instructions on the back of this form and collect your specimen. Complete the information at the top of this form. Bring this form, the sample and completed laboratory requisition (physician's order) to the laboratory reception area at one of the following locations:

LEGACY LABORATORY GOOD SAMARITAN MEDICAL CENTER

1130 N.W. 22nd Avenue, Suite 360, Portland, OR 97210

Monday - Friday: **8:00 a.m. to 3:00 p.m.**

LEGACY LABORATORY MERIDIAN PARK MEDICAL CENTER

19300 S.W. 65th, Tualatin, OR 97062

Monday - Saturday: **8:00 a.m. to 3:00 p.m.**

LEGACY LABORATORY MOUNT HOOD MEDICAL CENTER

24800 S.E. Stark, Gresham, OR 97030

Monday - Saturday: **8:00 a.m. to 3:00 p.m.**

LEGACY CENTRAL LABORATORY

1225 N.E. 2nd Avenue, Portland, OR 97232

Monday - Saturday: **8:00 a.m. to 3:00 p.m.**

LEGACY LABORATORY SALMON CREEK MEDICAL CENTER

2101 N.E. 139th, Building B, Suite 150, Vancouver, WA 98686

Monday - Friday: **8:00 a.m. to 3:00 p.m.**

Patient Instructions for Collecting a Post Vasectomy Semen Sample:

1. Obtain a sterile, wide-mouthed container from your physician's office or the laboratory. Write your full name and the collection date and time on the container.
2. **DO NOT** collect sample until 6-8 weeks after your vasectomy or 6-10 ejaculations unless your physician instructs otherwise.
3. Refrain from sexual activity for 48 hours but not more than seven (7) days before collecting the sample.
4. You can collect the sample at the laboratory restroom or at home. If you collect the sample at home, you must bring it to the laboratory within two (2) hours of collection.
5. Collect the complete sample by masturbation. Submit the entire specimen to the laboratory.
6. **DO NOT** use withdrawal or coitus interruptus to collect the sample.
7. **DO NOT** use condoms or lubricants to collect the sample.
8. If you have problems collecting the sample, please describe the problem on this form.