



LEGACY
LABORATORY
SERVICES

Patient Instructions for Collecting a Sputum Sample

Your physician has asked you to provide a sputum specimen. Important tests will be done on your specimen. You can help assure the accuracy of these tests by following these instructions:

1. **Rinse** mouth thoroughly with water.
2. **Cough** deeply to loosen sputum.
3. **Expectorate** (spit) sputum into the sputum container/cup you were given.
4. **Take** sputum specimen to the laboratory **within two (2) hours of collection**. Some of the microbes that cause respiratory diseases are very fragile.

Locations:

Legacy Emanuel Medical Office Building Laboratory
501 N. Graham, Portland, OR 97227

Legacy Good Samaritan Hospital & Medical Center
1015 N.W. 22nd Avenue, Portland, OR 97210

Legacy Meridian Park Hospital Laboratory
19300 S.W. 65th, Tualatin, OR 97062

Legacy Mount Hood Medical Center Laboratory
24800 S.E. Stark, Gresham, OR 97030

Legacy Salmon Creek Diagnostic Center
2101 N.E. 139th, Building B, Suite 150, Vancouver, WA 98686

Legacy Laboratory Services 503-413-1234 or 877-270-5566