



LEGACY
HEALTH

Legacy Residency Training

Who We Are: Our residents, our leadership
and our community

EMANUEL Medical Center

GOOD SAMARITAN Medical Center

MERIDIAN PARK Medical Center

MOUNT HOOD Medical Center

SALMON CREEK Medical Center

RANDALL CHILDREN'S HOSPITAL Legacy Emanuel

LEGACY MEDICAL GROUP

LEGACY LABORATORY

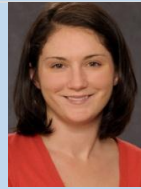
LEGACY RESEARCH

LEGACY HOSPICE

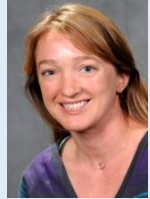
Third Year Internal Medicine Residents, page 1



| | |
|---------------------------------|---|
| Name | Adama Diarra |
| Hometown | Mali, Africa |
| College | Arizona State University |
| Medical School | Midwestern University - Arizona College of Osteopathic Medicine |
| Personal Interests | Soccer, Ping-Pong, hiking, camping, reading, music and movies |
| Future Goals in Medicine | Fellowship |



| | |
|---------------------------------|--|
| Name | Michelle Dwulit |
| Hometown | Brantford, Ontario |
| College | University of Toronto |
| Medical School | Medical University of the Americas (Nevis) |
| Personal Interests | Krav Maga |
| Future Goals in Medicine | Fellowship in pulmonary or critical care |

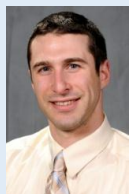


| | |
|---------------------------------|---|
| Name | Cate Gerald |
| Hometown | Oakland, California |
| College | St. Edwards University, Austin Texas |
| Medical School | Touro University California |
| Personal Interests | Snowboarding, hiking, running, scuba, and surfing |
| Future Goals in Medicine | Rheumatology |



| | |
|---------------------------|--|
| Name | Margaret Heyn |
| Hometown | Dallas, Texas |
| College | University of Texas - Austin |
| Medical School | University of Texas San Antonio School of Medicine |
| Personal Interests | Argentine tango, skiing, and cooking |

Third Year Internal Medicine Residents, page 2



| | |
|---------------------------------|---|
| Name | Matt Ingrassia |
| Hometown | Howell, New Jersey |
| College | Rutgers |
| Medical School | UMD New Jersey School of Osteopathic Medicine |
| Personal Interests | Hiking, mountain biking, running, kayaking, and inline hockey |
| Future Goals in Medicine | Critical care |



| | |
|---------------------------|--|
| Name | Michele Keffeler |
| Hometown | Wauwatosa, Wisconsin |
| College | The University of South Dakota |
| Medical School | Medical College of Wisconsin |
| Personal Interests | Soccer, gardening, cooking and a compelling desire to travel |



| | |
|---------------------------|--|
| Name | Rick Krebs |
| Hometown | California |
| College | University of California - Santa Cruz |
| Medical School | Oregon Health & Science University |
| Personal Interests | Creative writing, reading, art, cooking, studying Russian language |



| | |
|---------------------------------|--|
| Name | Kim Kyle |
| Hometown | Montague, New Jersey |
| College | Lycoming College, Williamsport, Pennsylvania |
| Medical School | Lake Erie College of Osteopathic Medicine |
| Personal Interests | Skiing, soccer, photography, fishing and gardening |
| Future Goals in Medicine | Hospitalist |

Third Year Internal Medicine Residents, page 3



| | |
|---------------------------------|---|
| Name | Alex Meier |
| Hometown | Eagle, Idaho |
| College | Idaho State University |
| Medical School | University of Utah School of Medicine |
| Personal Interests | Biking, hiking, skiing, dancing, yoga, running and arts & crafts. |
| Future Goals in Medicine | Geriatrics or palliative care |



| | |
|---------------------------|--|
| Name | Daniel Mitchell |
| Hometown | Whitefish, Montana |
| College | Montana State University |
| Medical School | Des Moines University College of Osteopathic Medicine |
| Personal Interests | Downhill & backcountry skiing, rock climbing, soccer, triathlons |



| | |
|---------------------------|---|
| Name | Andrea Osterlund |
| Hometown | Portland, Oregon |
| College | Oregon State University |
| Medical School | Pacific Northwest University, College of Osteopathic Medicine |
| Personal Interests | Hiking, swimming, traveling and walking half marathons |



| | |
|---------------------------|---|
| Name | Lee Shapley |
| Hometown | Philadelphia, Pennsylvania |
| College | Dickinson College, Carlisle, Pennsylvania |
| Medical School | Oregon Health & Science University |
| Personal Interests | Contemporary performing arts, visual arts, and the great outdoors |

Third Year Internal Medicine Residents, page 4



| | |
|---------------------------|--|
| Name | Josh Thompson |
| Hometown | Biloxi, Mississippi |
| College | University of Oregon |
| Medical School | Oregon Health & Science University |
| Personal Interests | Cooking, gardening, hiking, backpacking, disc golf, ultimate frisbee |



| | |
|---------------------------|--|
| Name | Chris Tu |
| Hometown | Richland, Washington |
| College | University of Washington |
| Medical School | Western University of Health Sciences |
| Personal Interests | Soccer, football, basketball, golf, racquetball, hiking, movies, traveling |



| | |
|---------------------------|--|
| Name | Matt Wiest |
| Hometown | Salt Lake City, Utah |
| College | St. Mary's College of Maryland |
| Medical School | Western University of Health Sciences |
| Personal Interests | Running half and full marathons, hiking, and club soccer |



| | |
|---------------------------------|--|
| Name | Tracy Wilson |
| Hometown | Bend, Oregon |
| College | University of Oregon |
| Medical School | AT Still University School of Osteopathic Medicine in Arizona |
| Personal Interests | Fishing, camping, football, traveling, running, time with friends & family |
| Future Goals in Medicine | Primary Care |

Second Year Internal Medicine Residents, page 1



| | |
|---------------------------------|---|
| Name | Nicholas Beach |
| Hometown | Winston-Salem NC |
| College | Appalachian State University |
| Medical School | Edward Via Virginia College of Osteopathic Medicine |
| Personal Interests | Cooking, hockey and spending time with my family |
| Future Goals in Medicine | Hospitalist |



| | |
|---------------------------------|--|
| Name | Tai Chon |
| Hometown | Portland, OR |
| College | University of Washington |
| Medical School | Western University of Health Sciences |
| Personal Interests | Being adventurous, water sports especially swimming and learning how to surf |
| Future Goals in Medicine | GI vs. Critical Care, ultimately practicing medicine in the PNW |



| | |
|---------------------------------|--|
| Name | Heather Hallett |
| Hometown | Meridian, ID |
| College | Washington State University |
| Medical School | University of Washington |
| Personal Interests | Hiking, watching college football, downhill skiing, and baking |
| Future Goals in Medicine | Hospitalist medicine with a focus on medical student or resident education |



| | |
|---------------------------------|---|
| Name | Jane Harbottle |
| Hometown | Vancouver, BC |
| College | McGill University, Montreal |
| Medical School | Trinity College Dublin, Ireland |
| Personal Interests | Running, photography, snowboarding, exploring different places and cultures |
| Future Goals in Medicine | Women's health |

Second Year Internal Medicine Residents, page 2



| | |
|---------------------------------|--|
| Name | Thatcher Jones |
| Hometown | Medford, OR |
| College | Oregon State University |
| Medical School | Oregon Health & Science University |
| Personal Interests | Anything in the ocean, hiking, mountain biking, indoor soccer and food |
| Future Goals in Medicine | Palliative care and or pulmonary critical care |



| | |
|---------------------------------|--|
| Name | Michael Kecskes |
| Hometown | Helena, MT |
| College | Eastern Oregon University |
| Medical School | University of Washington |
| Personal Interests | Anything outdoors, music, sculpture, ceramics and food |
| Future Goals in Medicine | Possibly ID - bacteriology |



| | |
|---------------------------------|---|
| Name | Moti Lavi |
| Hometown | El Paso, TX |
| College | University of Texas at Austin |
| Medical School | University of Texas Medical Branch |
| Personal Interests | Exercise, traveling, sports, and hiking |
| Future Goals in Medicine | Geriatric fellowship |



| | |
|---------------------------------|---|
| Name | Lisa Leavitt |
| Hometown | Aberdeen, SD |
| College | University of Nebraska at Omaha |
| Medical School | University of Nebraska |
| Personal Interests | Soccer, hiking, movies, knitting, baking, swimming, coffee, time with my family |
| Future Goals in Medicine | Primary care, emphasizing preventive medicine. Teaching! |

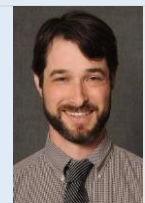
Second Year Internal Medicine Residents, page 3



| | |
|---------------------------------|--|
| Name | Sylvia Lymburner |
| Hometown | Vancouver, BC |
| College | University of British Columbia |
| Medical School | University of Queensland |
| Personal Interests | Snowboarding, diving, sailing, surfing, team sports, exploring new countries |
| Future Goals in Medicine | General medicine with an interest in global health |



| | |
|---------------------------------|--|
| Name | Ehrine Manzana |
| Hometown | Dededo, Guam |
| College | University of Chicago |
| Medical School | University of California - San Francisco |
| Personal Interests | Running marathons, teaching, the Chicago Bears, tasting new cuisines |
| Future Goals in Medicine | Infectious disease or hospital medicine |

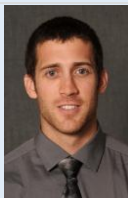


| | |
|---------------------------------|---|
| Name | Robert Murdock |
| Hometown | Wausau, WI |
| College | Montana State University |
| Medical School | Des Moines University College of Osteopathic Medicine |
| Personal Interests | Playing music, fly fishing, skateboarding, reading, record collecting and camping |
| Future Goals in Medicine | Cardiology and research (clinical) |



| | |
|---------------------------------|---|
| Name | Brad Sanville |
| Hometown | Columbus, OH |
| College | The Ohio State University |
| Medical School | Wright State University |
| Personal Interests | Music, food/cooking, ultimate frisbee, the great outdoors |
| Future Goals in Medicine | Possibly outpatient generalist or hospitalist |

Second Year Internal Medicine Residents, page 4



| | |
|---------------------------------|--|
| Name | Beau Sober |
| Hometown | Bandon, OR |
| College | Portland State University |
| Medical School | Ross University |
| Personal Interests | Skiing, hiking, politics, surfing, and travel |
| Future Goals in Medicine | Primary care physician; considering a critical care or cardiology fellowship |



| | |
|---------------------------------|--|
| Name | Sarah Stayer |
| Hometown | Houston, TX |
| College | Grinnell College |
| Medical School | University of Texas at San Antonio |
| Personal Interests | Dancing, hiking, travel, camping, and eating tasty food |
| Future Goals in Medicine | Improving access and quality of healthcare, decreasing waste in medicine |



| | |
|---------------------------------|--|
| Name | Keyvn Stroebe |
| Hometown | Colstrip, MT |
| College | Carroll College |
| Medical School | Pacific Northwest University/College of Osteopathic Medicine |
| Personal Interests | Outdoor activities, cooking, yoga, farming and raising my cows |
| Future Goals in Medicine | Be the best physician I can be and I am interested in a critical care fellowship |



| | |
|---------------------------------|---|
| Name | Moudy Youssef |
| Hometown | Medford, OR |
| College | College of Staten Island, NY & Touro College, NY |
| Medical School | University of Alexandria, Egypt |
| Personal Interests | Soccer, baseball, camping, hiking, and travel (domestic & overseas) |
| Future Goals in Medicine | Hospitalist and or intensivist |

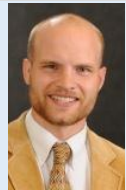
First Year Internal Medicine Residents, page 1



| | |
|---------------------------------|---|
| Name | Lauren Champion |
| Hometown | San Diego, California |
| College | California State University Chico |
| Medical School | A.T. Still University/College of Osteopathic Medicine - Kirksville |
| Personal Interests | Baking, reading, taking my dog for hikes, traveling and photography |
| Future Goals in Medicine | General internist, possibly a hospitalist. |



| | |
|---------------------------------|---|
| Name | Andy Dworkin |
| Hometown | Bloomington, Indiana |
| College | Stanford University |
| Medical School | Oregon Health & Science University School of Medicine |
| Personal Interests | Cooking, eating, beer, playing with my kids, travel. |
| Future Goals in Medicine | Geriatrics fellowship |



| | |
|---------------------------------|---|
| Name | Andrew Fahlgren |
| Hometown | Glasgow, Montana |
| College | Montana State University |
| Medical School | University of Iowa Roy J. and Lucille A. Carver College of Medicine |
| Personal Interests | Reading, writing, drawing/painting, fishing, hiking/camping, minor woodworking. |
| Future Goals in Medicine | Critical care |



| | |
|---------------------------------|---|
| Name | Alicia Hidalgo |
| Hometown | Albuquerque, New Mexico |
| College | Albuquerque Technical Vocational Institute |
| Medical School | University of New Mexico School of Medicine |
| Personal Interests | Spending time with family. Yoga, hiking, camping. |
| Future Goals in Medicine | Generalist - hospital medicine |

First Year Internal Medicine Residents, page 2



| | |
|---------------------------------|--|
| Name | Michael Hopp |
| Hometown | Seattle, Washington |
| College | University of Washington |
| Medical School | Western Univ of Health Sciences/College of Osteopathic Med of the Pacific |
| Personal Interests | Rock climbing, backpacking, hiking, home brewing, chess, and technology |
| Future Goals in Medicine | Interests include: hospital medicine, evidence based medicine, ID and neurology. |



| | |
|---------------------------------|--|
| Name | Raeesa Khalid |
| Hometown | Lahore, Pakistan |
| College | Fatima Jinnah Medical College for Women |
| Medical School | Fatima Jinnah Medical College for Women |
| Personal Interests | Time with my family, reading, cooking, traveling, movies and outdoor activities. |
| Future Goals in Medicine | Primary care in underserved populations. Research that impacts patient outcomes. |



| | |
|---------------------------------|---|
| Name | Shaun Knox |
| Hometown | Richland, Washington |
| College | Washington State University |
| Medical School | Touro University Nevada |
| Personal Interests | Hiking, kayaking and spending time with my family |
| Future Goals in Medicine | Undecided |



| | |
|---------------------------------|---|
| Name | Erica Lewis |
| Hometown | Richmond, Virginia |
| College | Virginia Commonwealth University |
| Medical School | Edward Via Virginia College of Osteopathic Medicine |
| Personal Interests | Cooking, swimming, watching movies, and traveling. |
| Future Goals in Medicine | To be a competent, compassionate, and respectful physician. |

First Year Internal Medicine Residents, page 3



| | |
|---------------------------------|--|
| Name | Kathrin Meyers |
| Hometown | Portland, Oregon |
| College | Oregon State University |
| Medical School | Western University of Health Sciences |
| Personal Interests | Hiking, travel, cooking, sewing, gardening, restaurants & food carts, and live music |
| Future Goals in Medicine | Hospital Medicine |



| | |
|---------------------------------|---|
| Name | Carolyn Minter |
| Hometown | Modesto, CA |
| College | San Diego State University |
| Medical School | Saba University School of Medicine |
| Personal Interests | Crossfit, running, reading, and cooking |
| Future Goals in Medicine | Palliative care and geriatrics |



| | |
|---------------------------------|---|
| Name | Bennett Mohlman |
| Hometown | Bountiful, Utah |
| College | Weber State University |
| Medical School | Western University of Health Sciences |
| Personal Interests | Sports (especially baseball), music (play trumpet & trombone) |
| Future Goals in Medicine | Specialize in either GI or ID or hospital medicine |



| | |
|---------------------------------|--|
| Name | Matthew Noell |
| Hometown | Deadwood, Oregon |
| College | Reed College |
| Medical School | St. George's University School of Medicine |
| Personal Interests | Biking, running, hiking, rock climbing, jiu-jitsu, x-fit, geek culture, parenting my son |
| Future Goals in Medicine | Practicing in a semi-rural setting (Bend, OR) |

First Year Internal Medicine Residents, page 4



| | |
|---------------------------------|---|
| Name | Kyle Pearson |
| Hometown | Philomath, Oregon |
| College | Oregon State University |
| Medical School | American University of the Caribbean School of Medicine |
| Personal Interests | Basketball, weight lifting, traveling, outdoor activities and having a good time with people. |
| Future Goals in Medicine | Hospitalist, critical care, or infectious disease, and participate in global medicine |



| | |
|---------------------------------|--|
| Name | Jesse Robertson |
| Hometown | Denver, Colorado |
| College | University of Colorado at Boulder |
| Medical School | Rocky Vista University College of Osteopathic Medicine |
| Personal Interests | Hiking, travel, reading, performing arts, spending time with my family. |
| Future Goals in Medicine | Academic medicine, international public health - community health worker training. |



| | |
|---------------------------------|--|
| Name | Eugenia Shevchenko |
| Hometown | San Ramon, California |
| College | University of California- Los Angeles (UCLA) |
| Medical School | Touro University California |
| Personal Interests | Traveling, hiking, and running. Nutrition and sports medicine. |
| Future Goals in Medicine | Hospitalist |



| | |
|---------------------------------|--|
| Name | Tamara Timmons |
| Hometown | Portland, Oregon |
| College | Portland State University |
| Medical School | Keck School of Medicine of the University of Southern California |
| Personal Interests | Photography, painting, and travel |
| Future Goals in Medicine | Primary care |

First Year Preliminary Internal Medicine Residents, page 1



| | |
|---------------------------|---|
| Name | Minhe Kim |
| Hometown | Anchorage, Alaska |
| College | University of Alaska Anchorage |
| Medical School | University of Washington School of Medicine |
| Personal Interests | Digital photography |
| Future Program | Anesthesia at Virginia Mason |



| | |
|---------------------------|--|
| Name | Rajarshi Mazumder |
| Hometown | Kolkata, India and San Francisco |
| College | San Francisco State University |
| Medical School | Oregon Health & Science University |
| Personal Interests | I play the table and Indian hand drum. I also enjoy listening to international folk music. |
| Future Program | Neurology at UCLA |



| | |
|---------------------------|--|
| Name | Keegan McClary |
| Hometown | Hillsboro, Oregon |
| College | University of Oregon |
| Medical School | Oregon Health & Science University |
| Personal Interests | Mountaineering, kayaking, and running. Spending time with my wife and our dog. |
| Future Program | Physical Medicine and Rehab at Northwestern |

First Year Preliminary Internal Medicine Residents, page 2



| | |
|---------------------------|---|
| Name | Erik Sibbernsen |
| Hometown | Providence, Utah |
| College | Utah State University |
| Medical School | University of Utah School of Medicine |
| Personal Interests | Skiing, mountain biking, golf, backpacking, running and anything that gets me outdoors! |
| Future Program | Flight medicine with the US Air Force, then emergency medicine residency. |



| | |
|---------------------------|---|
| Name | Meryl Sundy |
| Hometown | South Bend, Indiana and St. Louis, Missouri |
| College | University of Notre Dame |
| Medical School | University of Missouri-Columbia School of Medicine |
| Personal Interests | Hiking, running and tennis. My husband & I love to travel, go to concerts and cook. |
| Future Program | Ophthalmology at Casey Eye Institute OHSU |



| | |
|---------------------------|--|
| Name | Rachel Wood |
| Hometown | Davis, California |
| College | University of California, Berkeley |
| Medical School | Oregon Health & Science University |
| Personal Interests | Crossfit, mountain biking, cooking, reading fiction, exploring brunch options in Portland. |
| Future Program | Anesthesia at University of Wisconsin |

Swigert Chair of Medicine



Stephen R. Jones, MD, MACP

Program Director



Daniel J. Gilden, MD, FACP

Associate Program Directors



Paula Folger, MD

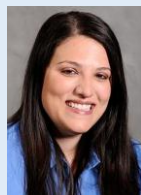


Leonard (Lenny) Mankin, MD



Mikeanne Minter, MD

Chief Medical Residents 2014-15



Allison Abraham, DO



Jonathan Kukier, MD

“The ‘typical resident’ at Legacy is almost non-existent. I think this is one of the terrific things about the program – the heterogeneity of house staff who come here to train... Men, women, variety of ages from late 20s to 40s, parents, singles, straight, gay – they are all welcome here. It’s a place where they all get along well and display a great spirit in working together.”

Stephen R. Jones, MD, MACP
Swigert Chair of Medicine



Two Hospital System

Legacy Emanuel Medical Center

- “County hospital” for medicine
- Brand new ICUs and ER
- Level 1 Trauma Center
- Regional Burn Center



Legacy Good Samaritan Medical Center

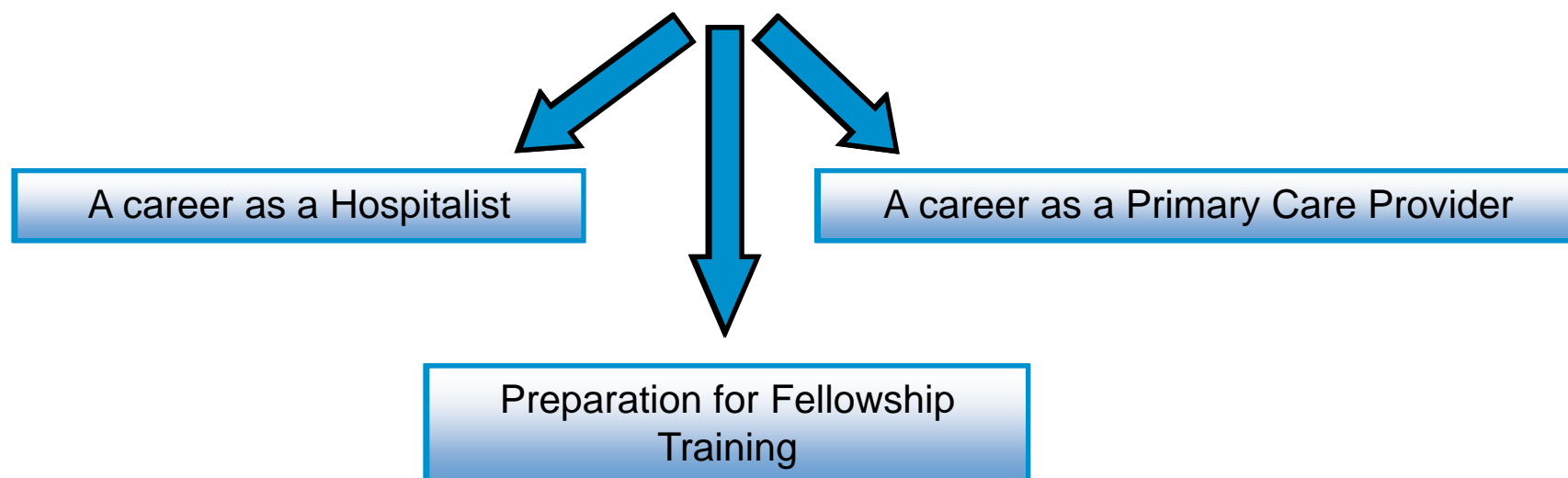
- Beacon Award winning ICU
- Specialist services: Geriatrics, Hip Fracture, Cardiology, Nephrology, GI & Stroke
- Kidney Transplant Program
- More “community hospital” feel



Epic EMR
in all clinics and hospitals

Flexible Training Opportunities

Our program allows flexibility elective rotations that can focus your education on your future goal...



Schedules: The basics

3 Weeks

Wards or ICU

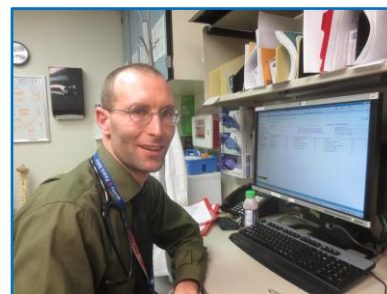
plus



1 Week

Continuity Clinic

- Good Samaritan Clinic
- Emanuel Clinic
- Subspecialty Clinics



Intern Rotations

| Rotation | Blocks | Weeks |
|--|---|-----------------------------|
| Critical Care (Emanuel and Good Samaritan) | 2-3 | 6-9 |
| Wards (Emanuel & Good Samaritan) | 5-6 | 15-18 |
| Pulmonology | 1 | 4 |
| Night Medicine | 2 | 8 |
| Emergency Medicine | 1 | 4 |
| Geriatrics | 1 | 4 |
| Clinic | 1 block & 5-7 "+1" weeks | 4 + (5-7) |
| Vacation | 0.75 + 7 days at Christmas and New Years | 3 (+7 days over holiday) |
| Total | 13 (4-week Blocks) | |

Senior Resident Rotations

Blocks cover both the R2 and R3 year

| Rotation | Blocks | Weeks |
|------------------------------------|--|-------------------------------|
| Critical Care (Emanuel ICU) | 1.5 - 2 | 6-8 |
| Critical Care (Good Samaritan ICU) | 3 - 4 | 9-12 |
| Wards (Emanuel) | 3 - 4 | 9-12 |
| Wards (Good Samaritan) | 3 - 4 | 9-12 |
| Night Medicine | 2.5 | 10 |
| Consult Medicine | 1 week per ICU-GS block | 3-4 |
| Cardiology | 1 | 4 |
| Hematology-Oncology | 1 | 4 |
| Gastroenterology | 1 | 4 |
| Neurology | 0.5 | 2 |
| Nephrology | 1 | 4 |
| Clinic | 2 and 9-12 "+1" weeks | 17-20 |
| Backup/Quality Improvement | 0.5 - 1 | 2-4 |
| Elective | 4-5 | 18 |
| Vacation | 1.5 and 7 days at Christmas and New Years/year | 6 (+7 days over holiday/year) |
| Total | 26 4-week Blocks | |

Wards Good Samaritan and Wards Emanuel

Wards Team

- Traditional senior resident and intern team with a teaching attending
- Daily Bedside Rounds with attending

Scheduling notes

- Call every 3rd day from 07:00 to 20:00
- Five days during one week of the rotation is dedicated to continuity clinic and subspecialty clinics (+1 week)
- "Golden Weekend" - 2 consecutive days off following the +1 week

Dedicated learning

- Chief of Service Rounds with Program Director or Chief of Medicine
- Weekly Academic Half Day session
- Daily Morning Report at 7 AM with Night Medicine team



Good Samaritan & Emanuel ICU

Locations:

- Both hospitals have a dedicated medical resident ICU team
- Kern Critical Care Unit at Good Samaritan: 4 PODS (A, B, C, D), 28 beds
- Emanuel: CVICU & “Neuro-Trauma” NTICU, 36 beds

Schedule:

- Alternate long call/short call every other day – 7am-8pm/7am-5pm
- 2+1+1 Rotation:
 - > 2 weeks at Emanuel ICU
 - > 1 week at Good Sam ICU
 - > 1 week home continuity clinic
- “Golden Weekend” following the +1 Week

Continue on next slide



Good Samaritan & Emanuel ICU (cont.)

Rotation and team dynamics:

- Team consists of 2 Seniors/2 interns and medical students
- Responsible for critically ill patients under a single teaching Intensivist. Will also round with Neurointensivist at Emanuel.
- Mix of medical, surgical, neuro and trauma patients
- Night Medicine Team covers ICU at night
- Primary responders Code Blue and Rapid Response

Teaching:

Kern Good Sam ICU:

- ICU lectures from various sub-specialists/pharmacists daily
- Multi-disciplinary rounds (4pm daily) in Good Sam Kern: Includes attending, pharmacy, nutrition, charge nurse, social work, etc.

Both:

- Daily Teaching rounds
- Simulation Lab: 2nd and 4th Tuesday of each block (1-4pm)
- Core ICU teaching articles



Night Medicine

- One intern and one senior resident teams that alternate between the two hospitals
- Schedule: 8 PM to 7 AM for four days and then 2 days off.
- Dedicated 2-4 week blocks
- Senior resident covers the ICU and the intern covers the wards. Both will admit to the ICU and the wards.
- In-house Hospitalist at both hospitals and Intensivist on call from home
- Intern will present a case from overnight in morning report

Clinic Block



Legacy Clinic
Emanuel

Clinic “Medical Home” Team

- Multiple residents on clinic block & +1 *Week* at each of two teaching clinic site: Good Samaritan and Emanuel
- “Block Docs” are responsible for covering continuity patients of other residents who are on inpatient rotations

Scheduling Note

- 4 weeks dedicated to ambulatory clinic experience in continuity clinic
- Half and full day sessions in subspecialty clinics including geriatrics, gynecology, orthopedics, dermatology, rheumatology and endocrinology

Learning Environment

- Direct contact with clinic precepting physicians who have active outpatient internal Medicine practices



Legacy Clinic
Good Samaritan

Selectives

- 4-week required blocks allow experience in a variety of medical subspecialties throughout all 3 years of residency
 - > Pulmonology
 - > Cardiology
 - > Hematology/Oncology
 - > Gastroenterology
 - > Nephrology
 - > Neurology
 - > Geriatrics
- Half days of continuity clinic responsibilities throughout the rotation
- Mixture of inpatient and ambulatory specialty experiences
- Additional selective experiences are built into +1 weeks and clinic blocks throughout residency

Electives

- Senior residents will have 4-5 blocks of elective time during their R2 and R3 years.
- Electives allow experience with a variety of physicians in the Legacy System as well as the surrounding community who are dedicated to resident education
- Opportunities in a number of on-site or off-site rotations. Examples include:
 - > Palliative Care
 - > Infectious Disease
 - > Behavioral Health
 - > Dermatology
 - > EKG Reading
 - > Endocrine
 - > Ethics
 - > Evidence Based Medicine
 - > Hospitalist
 - > Pulmonary
 - > Rheumatology
 - > Radiology
 - > Sleep Medicine
 - > International Experiences



Off Site Elective: Nepal 2010



Off Site Elective: Japan 2011

After the tsunami

Vacation

- Residents have fifteen weekdays of vacation per year that may be taken as one to two weeks during electives, one week on certain selectives, and on +1 weeks. They will also receive the weekend off on the end of each vacation week.
- Seven additional days off over either the Christmas holiday or New Year holiday are determined by lottery each year.



Communication Workshops & Well-Being Retreats

Each year residents participate in six off-site Communication Workshops and Well-Being Retreats. The venue for each varies from a trail in the Gorge to a gym full of trampolines to a contemplative grotto. Here are examples of recent topics:

Communication Workshops

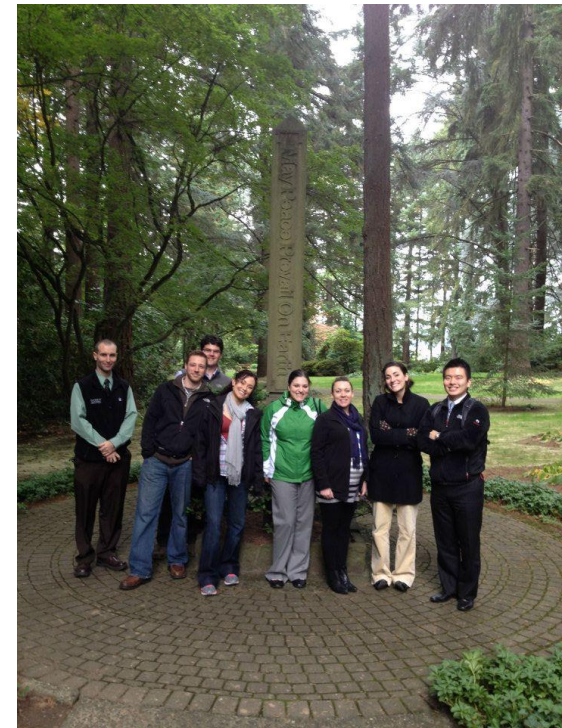
- *Transition to R2 Year: Becoming a teacher and leader*
- *Mastering the Medical Interview*
- *Rapport, Empathy and Time*

Well-Being Retreats

- *Columbia River Gorge Hike: The soul of the landscape*
- *Ropes Challenge Course: Team building*
- *Wisdom of the Body: Alternative ways of healing*

“[The major benefit of the retreat was] spending time with fellow residents outside of work. Also enjoying the Pacific Northwest!” Resident

“[I learned] how to teach my patients about self-awareness and mindfulness , to help them cope with pain.” Resident



Well-Being Retreats



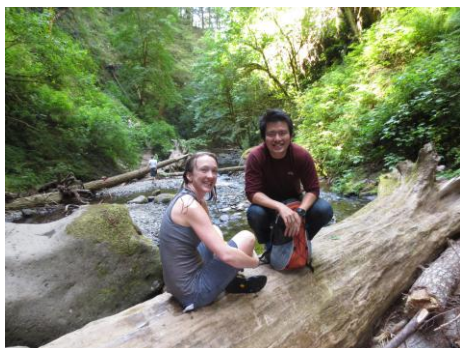
Sky High Trampoline



Ropes Course



Well-Being Retreat



Columbia River Gorge Hike

Visiting Professors

The S. Frederick Rabiner MD, Visiting Professorship in Medicine is an endowment that makes it possible for the Legacy Internal Medicine Residency Program to bring some of the nation's best-known physician educators. Since 1999, this program has hosted physicians from many esteemed national and international institutions.

2011-2012

- Salvatore Mangione, MD - Jefferson Medical College
- Gurpreet Dhaliwal, MD - University of California, San Francisco
- Bibhuti Shah, MD – School of Tropical Medicine, Kolkata, India
- Cristin Babcock, MD – Women’s Care, Eugene OR
- Steven McGee, MD – Seattle VA Center
- Y. Pritham Raj, MD – Oregon Health Science University
- H. Gilbert Welch, MD – Dartmouth College

2012-13

- Douglas Paauw, MD – University of Washington
- Gurpreet Dhaliwal, MD - University of California, San Francisco
- Jeffrey G. Wiese, MD - Tulane University
- Robert Kalb, MD – Medical College of Ohio, University of Toledo
- Catherine Lucey, MD - Ohio State University

2013-14

- Wendy Levinson, MD – University of Toronto
- James Shaw, MD – Women’s College Hospital, Ontario
- Douglas S. Paauw, MD, MACP – University of Washington
- Sal Mangione, MD – Jefferson Medical College
- Gurpreet Dhaliwal, MD – University of California, San Francisco

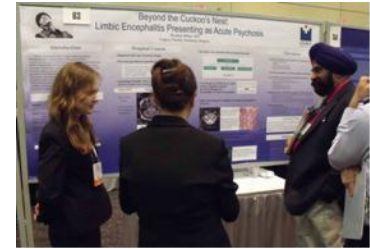
American College of Physicians Associates Competition

Legacy residents frequently compete (and win!) at regional and national ACP meetings .

2010 National ACP Competition, Toronto, Ontario

First Prize Aditi Choudhry, MD – Clinical Vignette Poster Presentation (1 of 10 prizes awarded)

First Prize Heather Mikes, DO – Clinical Vignette Poster Presentation (1 of 10 prizes awarded)



2010 Oregon ACP Associates Competition

1st Place Elizabeth Estabrook, MD – Oral Presentation: “Marfan’s Syndrome”. (Also presented at the 2011 ACP National Competition.)

3rd Place Ting Ting Zhou, MD – Clinical Vignette Poster: “Bickerstaff Encephalitis? Miller Fisher Syndrome? Or?: A diagnostic dilemma and postmortem discovery”.

2011 Oregon ACP Associates Competition

2nd Place Vanessa Kizzier-Carnahan, DO – Oral Presentation: “Clostridium Sordellii Toxic Shock Syndrome”.

2nd Place Sandra Law, MD – Clinical Poster: “Diagnostic Dilemma in a Patient with Vasculitis”.

2012 Oregon ACP Associates Competition

1st Place Karen Jenkins, DO – Oral Presentation: “A Coinciding Conundrum: An Affliction of the Lymph Nodes”.

3rd Place Aaron Kilber, MD – Oral Presentation: “Sex, Drugs, and Rock 'n Roll: A case of invasive entameba histolytica with ameboma”.

2013 Oregon ACP Associates Competition

2nd Place Traci Wilson, DO – Oral Presentation: “*The Missing Link: A case about Whipple’s disease*”.

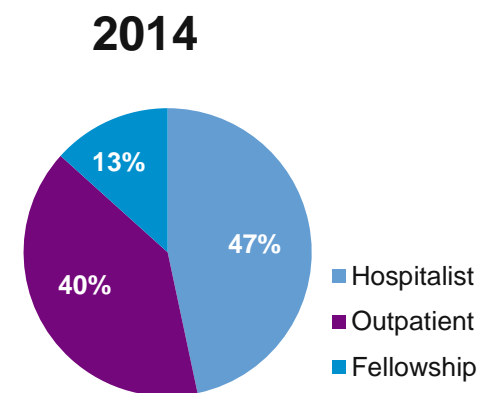
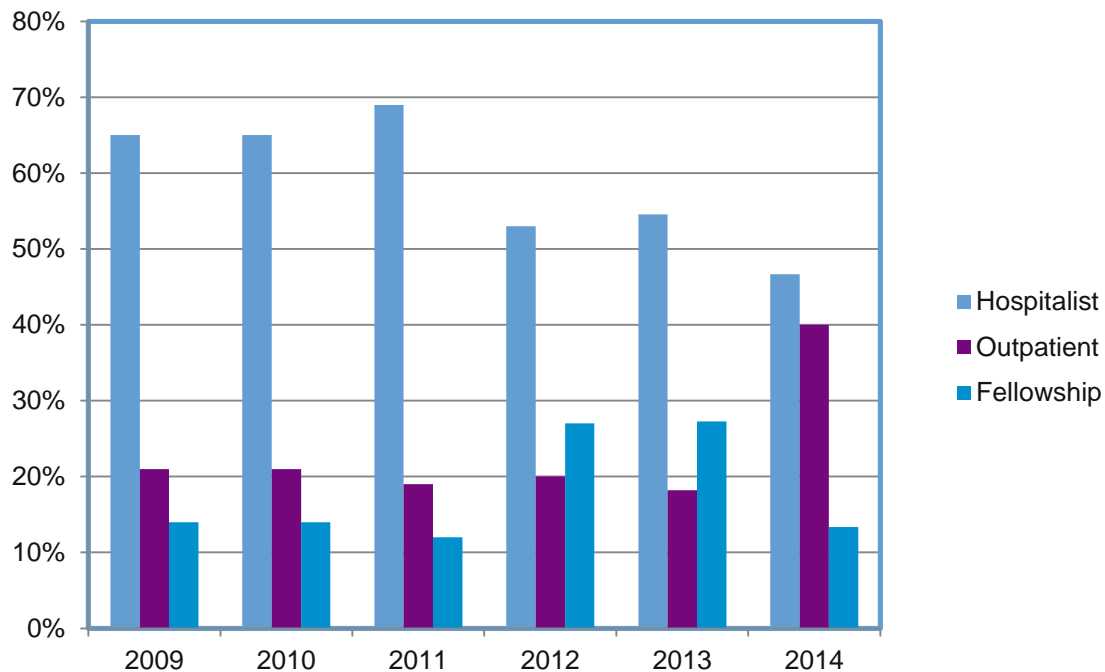
ACP Doctor's Dilemma Competition



Matt Brock, MD and
Jon Kukier, MD

Matt Brock, MD and Jon Kukier, MD were the winning team in the Oregon ACP Doctor's Dilemma competition in January 2014. In April they traveled to Orlando, Florida to participate in the national ACP Doctor's Dilemma Competition. Also known as Medical Jeopardy, up to 40 teams of residents from around the world competed for the title of national champion. The Oregon team was made up of our team and a two-person team from the Portland Providence Hospital Residency Program. Legacy's other team, Elijah Smith, MD and Heather Hallett, MD, placed third in the Oregon competition and were designated as alternates.

Life beyond residency



2014 Graduating Class

- 41% remaining with Legacy
- 82% remaining in Oregon/SW Washington

Fellowships

Our graduates have gone on to a variety of fellowships following residency. (2006– 2014)

| # of Graduates | Subspecialty |
|----------------|---------------------------|
| 1 | Allergy/Immunology |
| 3 | Cardiology |
| 5 | Critical Care |
| 3 | Endocrinology |
| 1 | Gastroenterology |
| 5 | Geriatrics |
| 1 | Hematology/Oncology |
| 3 | Infectious Diseases |
| 2 | Nephrology |
| 1 | Palliative Care |
| 6 | Pulmonology/Critical Care |
| 1 | Rheumatology |

Fellowships

The internal medicine program at Emanuel and Good Samaritan Hospitals has had tremendous success in placing residents in fellowships. In some instances, our graduates have received offers from more than one fellowship program. A list of recent fellowships is below.

2014

| | |
|-------------------|--|
| Daniel Spiger | Pulm/Critical Care, UC Davis |
| Sandhya Srikantom | Rheumatology, University of Washington |

2013

| | |
|--------------------------|---------------------------------------|
| Roopi Bath | GI, University of Connecticut |
| Daniel Lincoln | Critical Care, OHSU |
| Vanessa Kizzier-Carnahan | Critical Care, OHSU |
| Anuj Regmi | Nephrology, Georgia |
| Christian Mangrum | Endocrinology, University of Nebraska |
| Makoto Uchiyama | Critical Care, OHSU |

2012

| | |
|------------------|---|
| Jacob Adams | Critical Care, Cleveland Clinic |
| Amy Cowan | Geriatrics, University of Utah |
| Heather Mikes | Palliative Care, Oregon Health & Science University |
| Lindsay McCauley | Pulm/Critical Care, University of Utah |

2011

| | |
|-------------|--|
| Amber An | Geriatrics, Oregon Health & Science University |
| Jennifer An | Nephrology, University of California San Diego |

2010

| | |
|----------------|---|
| Emmanuel Tavan | Pulmonary/Critical Care, Oregon Health & Science University |
| Toni Terry | Endocrinology, Banner/Good Samaritan, Phoenix, AZ |

How to apply

Applications to our program are accepted via [ERAS \(Electronic Residency Application Service\)](#). Paper applications will not be accepted. Please contact your Dean's Office or the ERAS website for information about registering for ERAS. We participate in the National Resident Matching Program and do not take residents outside the Match.

Information to submit

In order to be considered for a position in our program, the following information should be submitted via ERAS :

- Completed ERAS application
- Personal statement
- Current photograph
- Medical school transcripts
- MSPE (Dean's Letter)
- Three letters of recommendation
- USMLE/COMLEX scores

Other Details

- The application deadline is December 15.
- A medical student rotation with us is not a guarantee of an offer to interview.
- We prefer exam scores above 210 on USMLE and 550 on COMLEX
- Multiple attempts on any exam reduce the likelihood of an invitation to interview
- Although we prefer USMLE scores, we will accept COMLEX in lieu of the USMLE exams.

Interviews

Interviews are conducted on Wednesdays from November through January. Invitations to interview are sent after a complete application is received and reviewed. The interview consists of a group orientation, individual interviews, a tour of Legacy hospitals and clinics, and attendance at Academic Half-Day, and Grand Rounds. An off-campus social event for applicants and residents is planned for most Wednesday evenings during the interview season. These events are intended to provide casual discussion about our program in a less formal, more relaxed environment.

How to apply (cont.)

International medical students/graduates

- Applicants to our program must have graduated from medical school within the last five years.
- We require at least one month (but prefer three months) of prior U.S. clinical experience and a letter of recommendation from that experience.
- Residents who are not U.S. citizens are responsible for obtaining governmental authorization to work in our program and are expected to pay all expenses associated with obtaining such authorization, except those expenses for which the institution is legally required to pay.
- You must have passed USMLE/COMLEX Step 1 and 2 *on the first attempt* before an interview will be offered.
- We require a minimum of 210 on each step of the USMLE
- We do not offer observerships or externships
- You must be ECFMG certified at the time of application unless you are a current student.

Medical student rotations

We offer fourth-year Sub-Internships in both ward and ICU medicine based upon availability. If you are interested in applying for a rotation, please complete this [Application Form](#) and return to taul@lhs.org.

Other education and career planning resources

- [FREIDA](#) - an online database with more than 8,200 graduate medical education programs accredited by the Accreditation Council for Graduate Medical Education, as well as more than 200 combined specialty programs
- [American College of Physicians \(ACP\)](#)
- [American Medical Association \(AMA\)](#)