

Emergency room or urgent care

Get the right care at the right time

Health problems don't always happen when your doctor's office is open. When you need care, use this list to help you decide if you should go to the closest emergency department or a Legacy urgent care center in your area.

If your injury or illness isn't as urgent, you can call your primary care provider. Many clinics can see you within a day or so. If you don't have a primary care provider, call **503-335-3500** or go to www.legacyhealth.org/findaprovider to find one who is right for you.

Condition	Urgent Care	Emergency
Allergic reactions		✓
Allergies (seasonal)	✓	
Animal bite (severe)		✓
Asthma attack (minor)	✓	
Asthma attack (severe)		✓
Bleeding that won't stop		✓
Broken bone (bone sticking out of skin)		✓
Broken bone (bone not sticking out of skin)	✓	
Burn (small)	✓	
Burn (large)		✓
Chest pain or severe chest pressure		✓
Cough, common cold, flu	✓	
Coughing or vomiting blood		✓
Cuts (minor) and stitches removal	✓	
Dehydration, not drinking and eating	✓	
Dental pain	✓	
Difficulty breathing or shortness of breath		✓
Dizziness, weakness or loss of coordination or balance		✓
Earache	✓	
Eye problems (pink eye, eye irritation)	✓	
Fainting		✓
Fever not related to the common cold or flu (infants younger than 8 months old)		✓

Condition	Urgent Care	Emergency
Fever not related to the common cold or flu (infants older than 8 months, children and adults)	✓	
Foreign object removal		✓
Headaches and migraines	✓	
Headache — sudden and severe; chronic migraines		✓
Head injury (without passing out)	✓	
Immunizations	✓	
Incision and drainage; abscess	✓	
Insect, spider or minor animal bite	✓	
Medication refills (non-narcotic)	✓	
Poisoning		✓
Pregnancy test	✓	
Pregnancy-related issues (pain, bleeding)		✓
Rash	✓	
Rash with fever		✓
Seizure		✓
Sore throat	✓	
Sprain or strain	✓	
Stomach pain		✓
Swallowed object		✓
Urinary tract infection	✓	

Legacy accepts all forms of insurance. Depending on your insurance, Legacy may need to collect a co-pay at the time of your visit.

