Legacy Health

BRAIN TUMOR EDUCATION & SUPPORT GROUP

at Legacy Good Samaritan Medical Center

January-June 2013

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The Brain Tumor Support Group offers emotional support and information for individuals and adult family members who are coping with diagnosis, treatment and recovery from a primary brain tumor.

DATE/TIME	**1st and 3rd Wednesday of each month from 4:00 pm–5:30 pm**
FACILITATOR	**Wendy Talbot LCSW, OSW-C**
LOCATION	**Legacy Good Samaritan Medical Center** Conference room 219 Medical Building 3, 2nd floor 1130 NW 22nd Avenue, Portland, OR 97210 Parking is available in Parking Garage # 3. Enter parking lot between 21st and 22nd Avenue on NW Marshall.
INFORMATION	**Call Wendy Talbot LCSW, OSW-C, at 503-413-7921 or wtalbot@lhs.org**

- Please check our website www.legacyhealth.org for updated information about Legacy's Support Groups, or **for more information, call 503-413-7284**.

Note: If schools in the area are closed due to inclement weather, the group will be canceled.

- Schedule on back -

LEGACY HEALTH

January 2	**Strategies for Coping with Stress** Selma Annala RT CLC Stress Management Therapist Legacy Cancer Healing Center
January 16	**Open Discussion**
February 6	**Physical Rehab and Exercise** Cyd Dashkoff PT Physical Therapist Legacy Cancer Rehabilitation
February 20	**Open Discussion**
March 6	**Setting Goals** Wendy Talbot LCSW, OSW-C Oncology Social Worker Legacy Cancer Healing Center
March 20	**Open Discussion**
April 3	**Let's Talk About the Brain** Dr. J. Chen PhD, MD Neurosurgeon
April 17	**Open Discussion**
May 1	**Eating for Health** Marci Reed RD, LD Dietitian Legacy Cancer Healing Center
May 15	**Open Discussion**
June 5	**Art and Healing** Margaret Hartsook LPC, ATR Art Therapist Legacy Cancer Healing Center
June 19	**Open Discussion**