

Hereditary Breast Cancer Screening

We are pleased to offer you a free risk assessment for hereditary breast cancer.

About 10-15% of people with breast cancer have a family history which may indicate a genetic cause. Women with a genetic mutation have up to a 65% lifetime risk of developing breast cancer, and a 20-40% lifetime risk of developing ovarian cancer. If you are at higher risk, you have options that can help lower your risk, including:

- Genetic counseling and/or testing
- Additional screening, such as breast MRI
- Preventive surgery

Step 1:

One of our trained Legacy Breast Health Center staff will ask you a few questions about your health and family history. If your answers show you that you **may** be at higher risk, one of our nurse coordinators will call you. *This service is free.*

Step 2:

If you want to participate in further screening, you will be asked to answer a set of 70-100 questions about your personal and family health history. You can do this over the phone or in person at the breast health center. It will take 15-20 minutes. Your answers will be entered into a computer program that evaluates your answers and determines if you are at average or higher lifetime risk for developing breast or ovarian cancer.

This service is free.

- If your risk is average, you will get a letter in the mail within 2-3 days
- If your risk is higher than average, a breast health center nurse will call you. She will refer you to Legacy Genetic Services for a more conclusive assessment.

Step 3, if needed:

Make an appointment at Legacy Genetic Services for genetic counseling.

There is a charge for genetic counseling. It may be covered by insurance. Legacy will work with your insurance company for pre-authorization.

- The genetic counselor may recommend genetic testing.
There is a charge for genetic testing. Legacy will work with your insurance company for pre-authorization. Without insurance, the cost is about \$450 (or more) depending on the type of tests you need.