

AMERICAN HORTICULTURAL THERAPY ASSOCIATION

PROFESSIONAL STANDARDS TASK FORCE

Effective **October 1, 2008**

Core Curriculum

<http://www.ahta.org/>

Requirements for registration at the HTR level, effective October 1st, 2008 will be a college degree as described below, and a minimum of 480 hours of field work supervised by a registered horticultural therapist. Field work comes near the end of college coursework.

I. Education

A Bachelors Degree in Horticultural Therapy

OR

A Bachelor's Degree in another field and the following coursework if not part of an existing degree. All coursework must be for college credit and must be documented through college transcripts.

- a. 12 semester hours in the human science field from the following;
 - Developmental Psychology
 - Abnormal Psychology
 - Human Growth and Development
 - Adult Development and Aging
 - Aspects of Disabilities and Illnesses
 - Group Dynamics
 - Principles of Therapy
 - Human Anatomy/Physiology
 - Medical and Psychiatric Terminology
 - Professional Ethics
 - Assistive Technology

- b. 12 semester hours of horticulture coursework from the following;
 - Introduction to Horticulture
 - Plant Materials, Plant ID
 - General Plant Pathology
 - Pest and Disease Management
 - Plant Propagation

- Floral Design
 - Greenhouse or Nursery Production/Management
 - Landscape Design
- c. 9 semester hours of horticultural therapy coursework from the following;
- Overview of the profession to include: the definition of ht, the history of ht, and program types
 - HT Populations to include: physical disabilities, developmental disabilities, and mental/psychological disabilities.
 - HT Programming and techniques to include: goals and objectives for ht programs; client assessment, evaluation and documentation tools; ht programming activities; adapting programming activities to meet diverse client needs; adaptive tools and devices.
 - Program Management to include: preparing proposals for ht programs, developing a program budget, grant writing overview and research overview.

II. Field Work

A minimum of 480 hours of field work supervised by a registered horticultural therapist at the HTR or HTM level. Field work may be divided among multiple settings. Field work may also be distance supervised following the guidelines as stated in the policy and procedures for internships.