Legacy Health

Save the Date!

Therapeutic Landscapes Symposium April 4, 2014

9:00 - 5:00

Legacy Health Portland, Oregon

Duncan R. Nielson, Jr., MD will present the symposium keynote. Dr. Neilson serves as a leader for Legacy's new Family Birth Center – CVICU garden development and research studies. He is a member of the Society for Humanism in Medicine and served as the 2004 President and planner of the conference "The Nurture of Nature, and the Nature of Nurture". He serves as Clinical Vice President of Legacy Medical Group – Surgical Services, Chair of Legacy Graduate Medical Education and Medical Education Director for Legacy Institute for Surgical Education and Innovation. Dr. Neilson enjoys nature photography to demonstrate the beauty and significance of the natural world—to emphasize not only the physical dependence we have on this world, but also the deep psychological attachment we have to the beauty of natural things—the birds, flowers, and landscapes that have always inspired his photography.

Symposium presentations feature authors Clare Cooper Marcus, Naomi Sachs, Marni Barnes and Teresia Hazen as they present concepts from their new book.

Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces by C. Cooper Marcus & N. Sachs, John Wiley and Sons, October 2013.

Marni Barnes, LCSW, ASLA, APATH creates and consults on therapeutic landscapes in public and private settings. A psychotherapist and a landscape architect, she researches, writes and teaches about emotional health and outdoor environments. She is an Affiliate Professor at Hyogo University in Awaji, Japan and has received awards from the ASLA (1996), the AIA (1997) the



EDRA (2000) AHTA (2007) and Nature Sacred (2013). She is currently working with Miyagi University on community regeneration in the tsunami devastated areas of Eastern Japan and with the Royal Government of Bhutan on their Centre for Gross National Happiness.

Teresia Hazen, MEd, HTR, QMHP is Coordinator of Therapeutic Gardens for Legacy Health (www.legacyhealth.org/gardens). A registered horticultural therapist, she calls upon an extensive, broad-based background to facilitate interdisciplinary garden design teams and to develop therapeutic programs for patients, visitors and employees since 1991. Hazen serves as project manager for a 2013 Nature Sacred grant, (http://naturesacred.org/) for a new garden construction and three research studies. Roger S. Ulrich, PhD serves as principal investigator for three studies focus on birthing, families, and nurses and their use of the garden. She teaches and consults regarding gardens in healthcare, horticultural therapy for a wide variety of populations, health benefits of gardening and nearby nature, therapeutic garden design and the participatory design process.

Clare Cooper Marcus is Professor Emerita in the departments of Architecture and Landscape Architecture at the University of California, Berkeley. She is internationally recognized for her research on the social and psychological implications of design, and her work has been recognized with many awards. She is the author/co-author of a number of books including *Housing As If People Mattered (1986)*, *People Places (1990)*, *House as a Mirror of Self (1995)*, *Healing Gardens* (1999), *Iona Dreaming: The Healing Power of Place – A Memoir* (2010), and *Therapeutic Landscapes* (2013).

Naomi Sachs, ASLA, EDAC is Founding Director of the Therapeutic Landscapes Network (www.healinglandscapes.org). She is pursuing a Ph.D. in Architecture at Texas A&M University within the Center for Health Systems and Design. Naomi has been an active member of the American Society of Landscape Architects' Healthcare and Therapeutic Design Professional Practice Network since 1999. Additionally, she is a member of the Center for Health Design's

Environmental Standards Council; serves on the Editorial Review Board of the *Journal of Therapeutic Horticulture*; and teaches at the Chicago Botanic Garden's Healthcare Garden Design Certification Program.

April 3, 2014 Legacy Garden Tours

3:00 – 5:00 p.m. join a guided garden tour of the Oregon Burn Center Garden, Family Birth-Cardiovascular ICU Garden and the Children's Garden on the Emanuel Medical Center campus.

Registration begins November 1, 2013.

More information and see the Legacy Gardens at www.legacyhealth.org/gardens Contact Teresia Hazen, MEd, HTR, QMHP
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