

When to call your anticoagulation clinic

Medication-related

- You **forgot to take a dose** and you are not sure what to do.
- You **start taking other medications**. This includes prescriptions, over-the-counter medications, vitamins, and herbal supplements.
- Your **medication pill is a different color or shape** when you get a refill at your pharmacy

Lifestyle and health-related changes

- You have **unusual bruising and bleeding**, such as nosebleeds and gum bleeding
- You **are sick**. Please look at the “What to do when sick while taking warfarin” handout for more information.
- You are being **treated for a blood clot** and the area becomes swollen and painful.
- You have a **surgery or procedure that has you stop taking warfarin**, even if it is for a short amount of time.
- You **change your diet**, especially if it includes more Vitamin K foods.
- You are **pregnant** or plan to become pregnant.
- You are **planning a long trip or vacation** away from home.

What to do when you forget a dose

- If you remember the same day, take the missed dose as soon as you remember.
- If you remember the next day, do not try to catch up and take two doses. Take your dose at your normal time and just skip the missed dose.

For emergencies – If you have non-stop bleeding, call 911 or go to the closest emergency room.