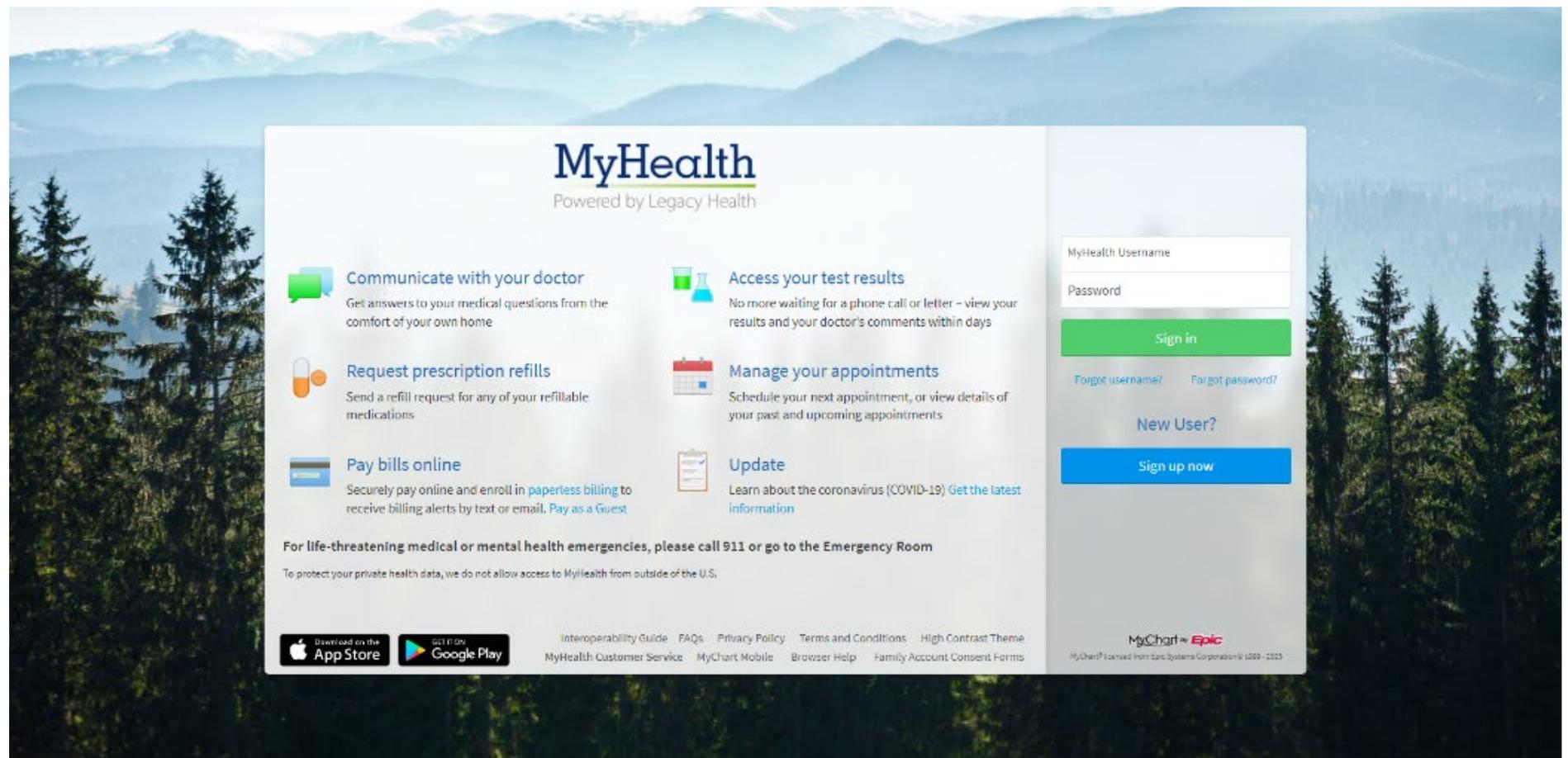


Hoja de consejos para el escritorio:

Cómo actualizar su información demográfica en MyHealth

Paso 1: Visite <https://myhealth.lhs.org> o use la aplicación MyChart de la Tienda de Apple o de Google Play. Regístrese con su nombre de usuario y contraseña.



The screenshot displays the MyHealth website interface. At the top center, the logo reads "MyHealth Powered by Legacy Health". Below the logo, there are six main service categories, each with an icon and a brief description:

- Communicate with your doctor:** Get answers to your medical questions from the comfort of your own home.
- Access your test results:** No more waiting for a phone call or letter - view your results and your doctor's comments within days.
- Request prescription refills:** Send a refill request for any of your refillable medications.
- Manage your appointments:** Schedule your next appointment, or view details of your past and upcoming appointments.
- Pay bills online:** Securely pay online and enroll in [paperless billing](#) to receive billing alerts by text or email. [Pay as a Guest](#)
- Update:** Learn about the coronavirus (COVID-19) [Get the latest information](#)

Below these categories, a warning states: "For life-threatening medical or mental health emergencies, please call 911 or go to the Emergency Room." A note below that says: "To protect your private health data, we do not allow access to MyHealth from outside of the U.S."

At the bottom left, there are buttons for "Download on the App Store" and "GET IT ON Google Play". In the bottom center, there are links for "Interoperability Guide", "FAQs", "Privacy Policy", "Terms and Conditions", "High Contrast Theme", "MyHealth Customer Service", "MyChart Mobile", "Browser Help", and "Family Account Consent Forms". At the bottom right, the "MyChart by Epic" logo is visible, along with the text "MyChart is owned by Epic Systems Corporation © 2009 - 2023".

On the right side of the page, there is a login and sign-up form. It includes fields for "MyHealth Username" and "Password", a green "Sign in" button, and links for "Forgot username?" and "Forgot password?". Below the form, there is a "New User?" section with a blue "Sign up now" button.

Paso 2: Después de registrarse, aparecerá la página de inicio de MyHealth. Abra su menú haciendo clic en el ícono redondo que tiene tres líneas horizontales.

The screenshot shows the MyHealth patient portal interface. At the top, the MyHealth logo is displayed, along with the text "Powered by Legacy Health". To the right, there is a "MyChart by Epic" logo and a "Log out" button. Below the logo, a navigation bar contains icons for "Your Menu", "Visits", "Messages", "Test Results", and "Medications". A user profile dropdown menu is visible on the right, showing the user's name "Jamie" and a "Switch" option. The main content area features a "Welcome!" message with the user's name and a notification bell icon. Below this, there are several notification cards: a POCT URINE DIPSTICK result notification with a "View results" button; a mobile phone verification notification with "Send code to verify" and "Update contact info" buttons; an "After Visit Summary" for August 21st with a "View summary" button; an announcement about OHSU and Legacy Health becoming an integrated health system with "Learn more" and "Dismiss" buttons; and another "After Visit Summary" for August 11st with "View summary" and "View notes" buttons. On the right side, there is a section titled "Your Care Team and Recent Providers" listing three providers: Ben V Ly (Primary Care Provider, Internal Medicine), Jeffrey L Bowden (Family Practice), and Nicole B Weksler (Internal Medicine). Each provider card includes a profile picture, name, specialty, and icons for appointment and messaging. A link at the bottom of this section says "See provider details and manage". The background of the page features a blue mountain and tree graphic.

Paso 3: Escriba “Información Personal” (Personal Information) en la barra de búsqueda o desplácese hasta el final del menú y haga clic en “Información Personal.”

The screenshot displays the MyChart Epic user interface. On the left, a 'Your Menu' sidebar is open, featuring a search bar and a list of navigation options. The 'Account Settings' section is expanded, and 'Personal Information' is highlighted with a yellow arrow. The main content area shows a patient's dashboard with various health-related cards and a 'Your Care Team and Recent Providers' section.

Your Menu

- Search the menu
- Estimates
- Insurance**
- Insurance Summary
- Sharing**
- Sharing Hub
- Share Everywhere
- Link My Accounts
- Lucy
- Resources**
- Search Medical Library
- Education
- Learning Library
- GetWellNetwork
- My Education
- Account Settings**
- Personal Information
- Security Settings
- Personalize
- Change Your Shortcuts
- Linked Apps and Devices
- Communication Preferences
- Back to the Home Page

MyChart by Epic Log out

Visits Messages Test Results Medications

R Read Switch

VIEW DIPSTICK results from Monday July 31, 2023. View results

summary

City Employee Health System Office

Ben V Ly View summary

Legacy Health announce plans to become an integrated system. Learn more Dismiss

summary

City Medical Group Northwest

Ben V Ly View summary View notes

received Monday July 31, 2023 from Jeffrey L Bowden. View letters

A1c blood test for diabetes is overdue. View details

Your Care Team and Recent Providers

- Ben V Ly**
Primary Care Provider
Internal Medicine
- Jefferey L Bowden**
Family Practice
- Nicole B Weksler**
Internal Medicine

See provider details and manage

Paso 4: Haga clic en el botón Editar (Edit) que está al lado del ícono del lapicero en la sección titulada “Detalles Acerca de Mí” (Details About Me).

The screenshot displays the MyHealth patient portal interface. At the top, the MyHealth logo is on the left, and MyChart by Epic with a Log out button is on the right. Below the header is a navigation bar with icons for Your Menu, Visits, Messages, Test Results, and Medications. On the right side of the navigation bar, there are icons for a mobile app and a RealD Switch button.

The main content area is titled "Personal Information" and includes a sub-section "Details About Me". A yellow arrow points to the "Edit" button (represented by a pencil icon) located at the bottom right of the "Details About Me" card. The "Details About Me" card contains the following information:

Gender Identity Transgender Male	Sexual Orientation Not entered
Marital Status Significant Other	Race Unknown
Ethnicity Unknown	Ethnic Background Not entered
Language English	Religion Southern Baptist

Other sections visible on the page include "Contact information" (marked as Pending), "Family & Friends" (listing a neighbor, Mary Mychart), and "Related Links" (Communication Preferences and Manage my pharmacies).

Paso 5: Llene los datos personales marcados como “desconocidos” (unknown). Actualice los otros detalles según sea necesario. Cuando haya terminado, haga clic en el botón verde “Guardar cambios” (Save changes). Su información demográfica está ahora adjunta a su perfil de MyHealth.

Desktop view:

The screenshot displays the MyHealth desktop interface. The top navigation bar includes the MyHealth logo (Powered by Legacy Health) on the left and MyChart by Epic with a Switch and Log out button on the right. The main content area is divided into three columns. The left column shows 'Contact Information' with a 'Pending' status, listing address (300 Winter Ln, Portland OR 97239), phone numbers (503-123-4444), and email (realdsogi@gmail.com). The middle column is titled 'Details About Me' and contains several dropdown menus: Gender Identity (Transgender Male), Sexual Orientation (Asexual, Bisexual, Choose not to disclose), Marital Status (Significant Other), Race (Native Hawaiian and Other Pacific Islander, Other, Patient Declined, Unknown), Ethnicity (Unknown), Ethnic Background (Asian Indian, Biracial/Multiracial, Cambodian, Canadian Inuit, Metis or First Nation), Language (English), and Religion (Southern Baptist). A yellow arrow points to the 'Save changes' button at the bottom of this section. The right column shows 'Communication Preferences' and 'Manage my pharmacies'. The bottom left section is titled 'Family & Friends' and lists 'Mary Mychart-tst' as a Neighbor.