

Desktop tip sheet:

Updating your demographic information in MyHealth

Step 1: Go to <https://myhealth.lhs.org> or use the MyChart app from the Apple Store or Google Play. Log in with your username and password.

MyHealth
Powered by Legacy Health

Communicate with your doctor
Get answers to your medical questions from the comfort of your own home

Request prescription refills
Send a refill request for any of your refillable medications

Pay bills online
Securely pay online and enroll in [paperless billing](#) to receive billing alerts by text or email. [Pay as a Guest](#)

Access your test results
No more waiting for a phone call or letter – view your results and your doctor's comments within days

Manage your appointments
Schedule your next appointment, or view details of your past and upcoming appointments

Update
Learn about the coronavirus (COVID-19) [Get the latest information](#)

For life-threatening medical or mental health emergencies, please call 911 or go to the Emergency Room

To protect your private health data, we do not allow access to MyHealth from outside of the U.S.

Download on the **App Store** | **GET IT ON Google Play**

[Interoperability Guide](#) | [FAQs](#) | [Privacy Policy](#) | [Terms and Conditions](#) | [High Contrast Theme](#)
[MyHealth Customer Service](#) | [MyChart Mobile](#) | [Browser Help](#) | [Family Account Consent Forms](#)

MyChart by **Epic**
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Step 2: After logging in, your MyHealth homepage will be displayed. Open your menu by clicking on the round icon with three horizontal lines on it.

The screenshot shows the MyHealth homepage interface. At the top left, the MyHealth logo is displayed with the tagline "Powered by Legacy Health". To the right of the logo is the MyChart by Epic logo and a "Log out" button. Below the logo is a navigation bar with icons for "Your Menu", "Visits", "Messages", "Test Results", and "Medications". A yellow arrow points to the "Your Menu" icon, which is a round icon with three horizontal lines. To the right of the navigation bar is a user profile section for "Jamie" with a "Switch" dropdown menu. The main content area is titled "Welcome!" and features a user profile for "Jamie" with a notification badge. Below this are several notification cards: "New POCT URINE DIPSTICK results from Monday July 31, 2023.", "Your mobile phone number has not been verified. We need to verify that we can reach you at this mobile number by sending a one-time code to 206-948-6287.", "After Visit Summary" for August 21st at Legacy Employee Health System Office with Ben V Ly, "OHSU and Legacy Health announce plans to become an integrated health system", and another "After Visit Summary" for August 11st at Legacy Medical Group Northwest with Ben V Ly. On the right side, there is a section titled "Your Care Team and Recent Providers" listing Ben V Ly (Primary Care Provider, Internal Medicine), Jeffrey L Bowden (Family Practice), and Nicole B Weksler (Internal Medicine). A link "See provider details and manage" is provided at the bottom of this section.

Step 3: Either type "Personal Information" into the search bar or scroll to the bottom of the menu and click "Personal Information."

The image shows a screenshot of the MyChart Epic mobile application interface. On the left, a 'Your Menu' sidebar is open, displaying a search bar and a list of menu items. A yellow arrow points to the 'Personal Information' option under the 'Account Settings' section. The main content area on the right is dimmed, showing various patient information cards and a 'Your Care Team and Recent Providers' section. The top navigation bar includes 'MyChart by Epic', 'Log out', and a 'Reaid Switch' button. The bottom of the screen features a dark blue background with a stylized tree graphic.

Step 4: Click the Edit button next to the pen icon under the section titled “Details About Me.”

The screenshot shows the MyHealth patient portal interface. At the top, there is a navigation bar with the MyHealth logo (Powered by Legacy Health), MyChart by Epic, and a Log out button. Below the navigation bar, there are icons for Your Menu, Visits, Messages, Test Results, and Medications. The main content area is divided into several sections:

- Personal Information:** A section with a sub-header "Personal Information" and a note: "Please enter contact and personal information here, and click **Save Changes** to send a message to the clinic. Allow 24 hours for the information to be updated in the legal medical record." It contains two sub-sections:
 - Contact Information:** Labeled "Pending" in an orange box. It shows address (300 Winter Ln, Portland OR 97239), phone numbers (503-123-4444), and email (realdsoji@gmail.com). It has an "Add a temporary address" link and an "Edit" button with a pen icon.
 - Details About Me:** A table of personal information with an "Edit" button and pen icon. A yellow arrow points to this button.

| | |
|-------------------|--------------------|
| Gender Identity | Sexual Orientation |
| Transgender Male | Not entered |
| Marital Status | Race |
| Significant Other | Unknown |
| Ethnicity | Ethnic Background |
| Unknown | Not entered |
| Language | Religion |
| English | Southern Baptist |
- Family & Friends:** A section with a sub-header "Family & Friends" and a note: "These people may be contacted in the event of an emergency." It shows a contact named "Mary Mychart, tst" (Neighbor) with a star icon. Her contact information is listed as "not entered" for address, home phone, mobile phone, work phone, and email. There is an "+ Add contact" button.
- Related Links:** A section on the right with two links: "Communication Preferences" (with a bell icon) and "Manage my pharmacies" (with a mortar and pestle icon).

Step 5: Complete personal details marked “unknown.” Update other details as needed. When you’re done, click the green “Save changes” button. Your demographic information is now attached to your MyHealth profile.

Desktop view:

The screenshot displays the MyHealth patient profile interface. The top navigation bar includes the MyHealth logo (Powered by Legacy Health) on the left and MyChart by Epic with a 'Switch' dropdown and 'Log out' button on the right. The main content area is divided into several sections:

- Contact Information:** Shows address (300 Winter Ln, Portland OR 97239), phone numbers (503-123-4444), and email (realdsogi@mail...). A 'Pending' status tag is visible. An 'Add a temporary address' link and an 'Edit' button are also present.
- Details About Me:** A form with various demographic fields. A yellow arrow points to the 'Save changes' button at the bottom of this section. The fields and their values are:
 - Gender Identity: Transgender Male
 - Sexual Orientation: Asexual
 - Marital Status: Significant Other
 - Race: Unknown
 - Ethnic Background: Canadian Inuit, Metis or First Nation
 - Language: English
 - Religion: Southern Baptist
- Communication Preferences:** Includes a bell icon and a 'Manage my pharmacies' link.
- Family & Friends:** A section titled 'These people may be contacted in the event of an emergency.' It lists 'Mary Mychart-tst' as a 'Neighbor' with a star icon.