Legacy Doula Policy

Doula are now welcome back into our facilities as of July 23, 2020. The doula is considered a member of the clinical care team and is here to support COVID negative women (including those who are asymptomatic with a pending test) in labor. Birth doulas are trained childbirth professionals who provide emotional, educational, advocacy and physical support to childbearing individuals during the prenatal, intrapartum, and postpartum period. In addition to having one support person to visit during their stay, patients in our Family Birth Centers may have a single doula in attendance.

Please note the following guidelines for doulas at all Legacy medical centers include:

- Legacy Health will recognize and allow in any person identified by the patient as a doula. Just as before the COVID-19 visitor restrictions, Legacy Health does not require or verify any doula credentials.
- Only one doula may attend a patient during their hospital stay. The doula may not switch out with another doula during the patient’s stay.
- The doula may attend a patient before, during, and after delivery.
- The doula must not be showing any symptoms of illness.
- The doula must comply with entrance screening requirements.
- The doula must be 18 years or older.
- A mask will be provided by Legacy at the screening station. Doulas must wear their mask at all times.
- Doulas will not be permitted to attend the birth of mothers who are COVID-19 positive or suspected of having COVID-19.

Tuesday 7/21/2020