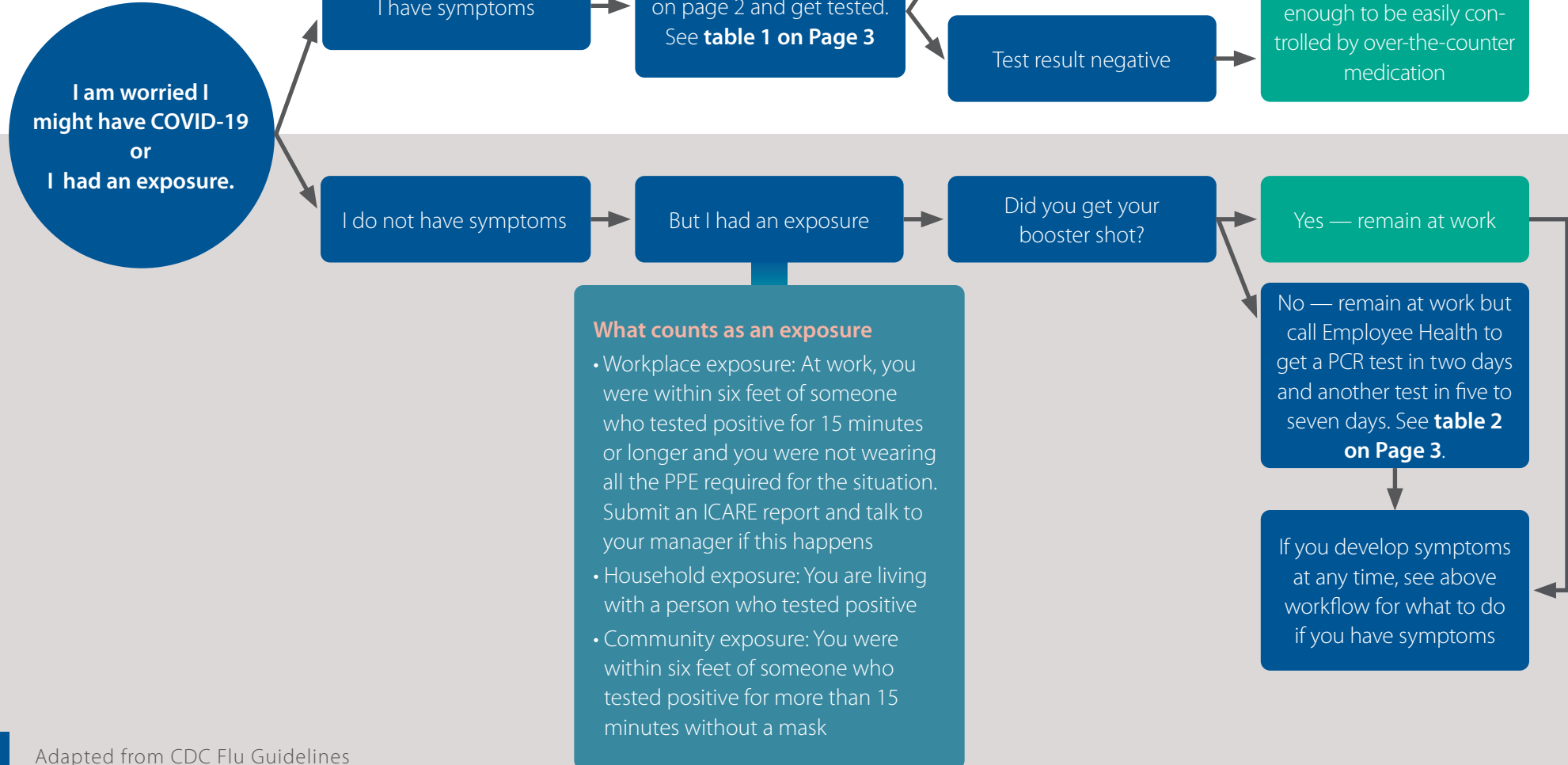


Guidance for Legacy employees about how to handle COVID-19 infections and exposures

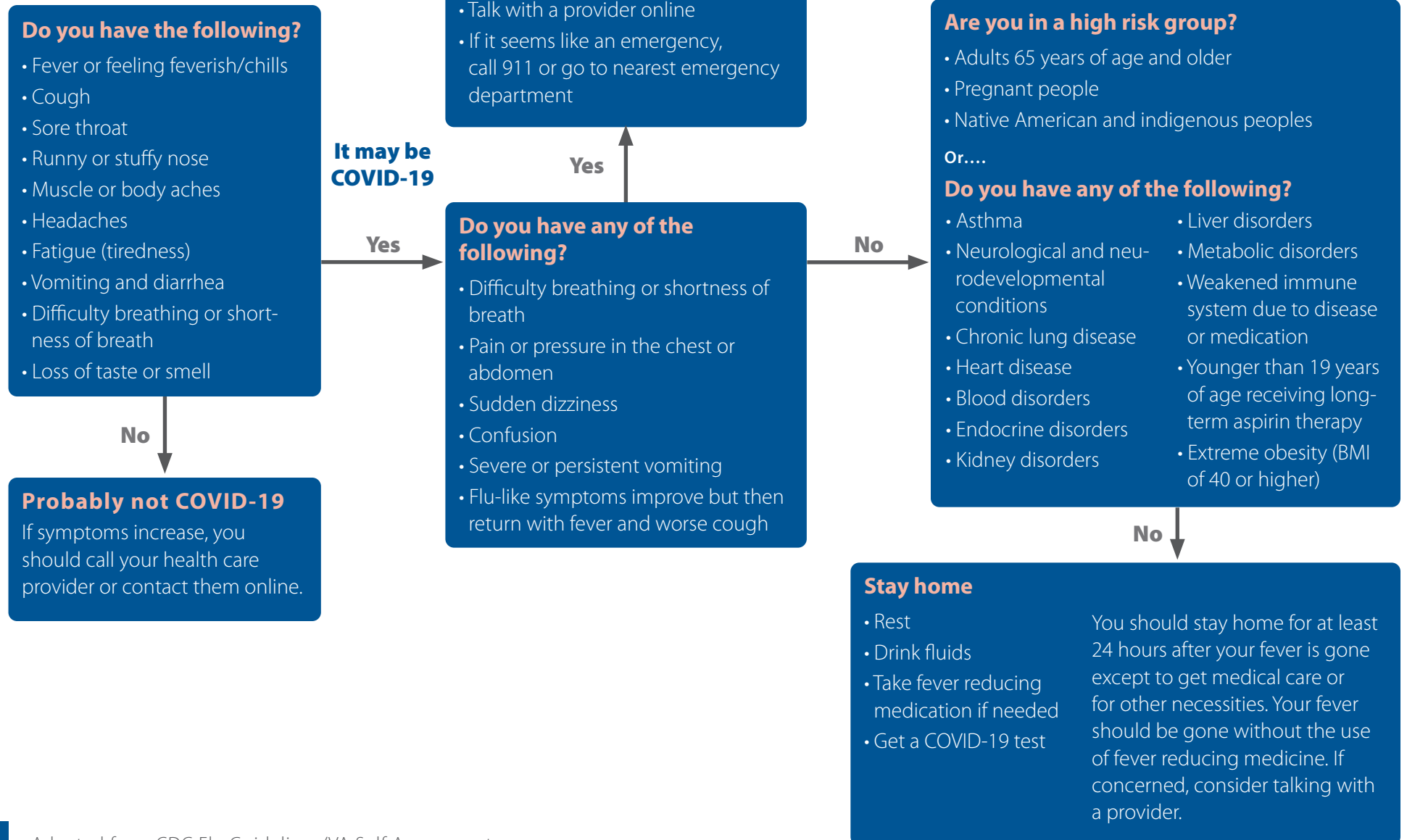
Revised: Jan. 14, 2022

Call Employee Health at 503-415-5820 in the following situations:

- You were exposed to COVID-19 but you don't have symptoms and you haven't had a booster shot
- You have been diagnosed as immunocompromised
- You have a question about what to do and a manager can't answer it
- You need additional help for any reason



COVID-19 Assessment: Think you have COVID-19?



How to access COVID-19 tests

Table 1: If you have symptoms

Option	Appointment type	Cost	When	Where	Turnaround time
Home test	No appointment needed	Legacy Employee Health Plan will reimburse for home test kits. This tip sheet has more information	Whenever you can get a test	Check stores for availability	15 minutes after the test
Rapid test through Legacy	Walk-in	Free	Refer to Employee Health website legacyhealth.org/ehs for updated information	Refer to Employee Health website legacyhealth.org/ehs for updated information	15 minutes after the test
Rapid test through third party	Varies	Check employee insurance — Legacy won't reimburse costs	Varies	Local pharmacy or urgent care	Same day
Test through your doctor's office	Varies	Check employee insurance — Legacy won't reimburse for any costs	Ask your doctor's office	Ask your doctor's office	Varies

Table 2: If you had an exposure but don't have symptoms and don't have a booster shot

Option	Appointment type	Cost	When	Where	Turnaround time
PCR test through Legacy	Appointment needed — call 503-415-5820	Free	Employee Health will provide details	Employee Health will provide details	24–72 Hours

