

Legacy Laboratory Services- MEDMANAGER®

URINE SPECIMEN COLLECTION

Overview: Special attention is required for drugs of abuse testing due to the possibility of the Patient trying to circumvent the test. It is possible that the Patient may provide a false specimen (substitution), add chemicals to their specimen (adulteration) or add water to their specimen after voiding (in vitro dilution). **We strongly recommend that you utilize personnel who are trained in workplace (chain of custody) urine drug testing specimen collection (In House or Patient Service Center personnel is preferable).** If you have suspicions of non-compliance we recommend same sex observed collection by authorized medical personnel.

Prepare your Collection Site: Remove the following from your rest room: cleaning or other chemicals, soap, and then shut off any water source. Add bluing agent to the toilet. Close off areas where specimens or chemicals could be concealed.

Identify the Patient ID and complete the requisition

1. Verify Patient identity via a photo ID, i.e., driver's license, state issued-ID card, school or company ID card.
2. Make sure the Patient demographic information on the ID matches the information you enter on the MedManager™ requisition.
3. We strongly recommend that you obtain a Patient signature and date for each collection.
4. Enter Client #, address and Physician name on the requisition (use pre-printed stickers if available).

Urine Specimen Collection

1. Always collect a specimen directly from the patient. Never accept a specimen brought in from off site.
2. Request that the Patient remove any unnecessary outer garments such as a vest, jacket, sweater, coat, hat, etc. Have the Patient leave their back pack or brief case with their outer garments.
3. Request that the Patient empty their pocket contents and lock these items along with a purse or fanny pack in a drawer. Give the Patient the key to the drawer while they use the rest room.
4. Instruct the Patient to wash their hands with plain water and dry them.
5. Provide a clean urine specimen cup with the seal intact to the Patient. Instruct the Patient to provide at least 30 mL of urine in the privacy of the stall or restroom. Request that the Patient not flush the toilet.
6. If an observed collection is indicated- we recommend that you have same sex authorized medical personnel observe the urine leave the body and enter the specimen cup.
7. After receiving the specimen from the Patient- check the temperature within 4 minutes. The acceptable range is 90°-100°F if you have specimen cups with temperature indicators on them. If not- use your judgment as the Collector as to whether the specimen's temperature is normal for a freshly voided urine specimen.
8. Check the specimen for obvious signs of adulteration such as foreign objects. Check the specimen for bleach or other chemical odors before installing the lid. If you receive less than 15 mLs – discard the specimen and request another specimen.
9. If you observe an irregularity with the specimen discuss this with the Patient. You may consider collecting another specimen or sending the specimen in to the lab for analysis and include a comment.
10. Install the specimen bottle lid and label the specimen in the Patient's presence. Have the Patient initial the label after you apply it. Optional- install a security seal over the top of the specimen bottle.
11. Place the specimen in the transport bag in the Patient's presence.
12. Record the DEA controlled drugs by checking the appropriate box in the medication section of the Requisition.
13. Print your name, date and sign the Requisition in the Collector area.
14. Place the completed Requisition in the outside pouch of the specimen transport bag and seal the bag.

Ship the Specimen to Legacy Central Laboratory- Holladay Park Campus

Legacy Laboratory Services: Client Services (503) 413-1234; Technical: toxtechsupport@lhs.org