




Instructions for stool testing (culture, gastrointestinal pathogen panel by PCR)



Do not use a laxative before collecting your stool sample.

1. Schedule an appointment at a Legacy Laboratory Patient Center. You must be able to drop off your samples within 24 hours. Find our locations and hours at www.legacyhealth.org/labservices or call 503-413-1234 or 877-270-5566.
2. Collect your stool in the clean, wide-mouth container. Urinate before collecting your stool, if needed. Do not get urine or water into your stool.
3. Open the transport vial (pictured above) carefully. Be careful because the liquid inside the vial is poisonous.
4. Use the collection spoon attached to the vial's cap and move your stool into the vial. Fill the vial with your stool until the liquid reaches the "fill" line (about the size of a walnut). Try to use stool that has blood or mucous. Do not overfill.
5. Tighten the lid. Shake the vial until the sample is well mixed.
6. Wash your hands for at least 20 seconds with soap and water.
7. Label the vial with the patient's full legal name, date of birth (DOB), and collection date and time.
8. Keep the vial at room temperature. Do not put in the refrigerator or freezer.
9. When ready to drop off your stool sample, bring your ID, insurance card, doctor's lab order, and stool sample.
10. Go to your chosen Legacy Laboratory location and check in. A Patient Service Center member will review your order and stool sample with you.



Caution: The liquid in the vial is poison. 

Keep out of children's reach. If the liquid is swallowed, drink large amounts of milk and call your doctor immediately.