



## TEST UPDATES

Notification Date: November 2018

Test Description	Effective Date	Type of Change	Comments
<u><a href="#">BREAST SECRETIONS/DISCHARGE</a></u>	11/1/2018	Collection and Handling	Collect: Allow a drop of the expressed secretion to accumulate on the tip of the nipple. Express sample into Cytolyt solution labeled with patient's name, date of birth and designation of specimen site as right or left nipple. Handling: Submit fluid in Cytolyt fixative and properly label the vial with patient's name, date of birth and site of specimen. Specimen may be transported at room temperature or refrigerated.
<u><a href="#">BRONCHIAL BRUSHING CYTOLOGY</a></u>	11/1/2018	Collection	Collect: Material obtained by endoscopic brushings of suspicious areas or lesions should be spread onto a clean glass slide in a rotary motion. The frosted end of the slide must be labeled with the patient's name, date of birth and the specimen site. The specimen area should approximate the size of a quarter. The brush tip may be snipped off and submitted in a separate container of 95% ethanol (Pap bottle) or Cytolyt solution
<u><a href="#">ESOPHAGEAL BRUSHING CYTOLOGY</a></u>	11/1/2018	Handling	The frosted end of the slide must be labeled with the patient's name and the specimen site. The specimen area should approximate the size of a quarter. The brush tip may be snipped off and submitted in a separate container of 95% ethanol (Pap bottle). Immediately fix slides/brush. Do not allow to dry. Immerse quickly into 95% ethanol (Pap bottle) or Cytolyt solution.
<u><a href="#">FROZEN SECTION</a></u>	11/1/2018	Synonym, Collect, Handling, Reported	Synonym: Intraoperative Consult Collect: Fresh specimen in a clean, covered, dry container at room temperature. Do not submerge the specimen in saline, formalin or other preservative Handling: <b>For Hospital Specimens:</b> Deliver specimen immediately to the Surgical Pathology Lab and notify Pathology staff. Do not wrap specimens in gauze, or place in saline or formalin since these substances will make interpretation of frozen section difficult or impossible. <b>For Outpatient Specimens:</b> Place the fresh tissue on gauze that has been moistened with saline. Place the gauze in a clean container such as a petri dish or other screw topped specimen jar. Contact Courier Dispatch, (503) 413-5200, for a STAT pick up to be delivered directly to the nearest Legacy hospital with a pathology gross room. Alert the pathologist on call of the pending frozen section. Reported: Immediate diagnosis in 20 minutes for single specimen
<u><a href="#">KIDNEY BIOPSY</a></u>	11/1/2018	Referral Lab	OHSU or Arkana Labs
<u><a href="#">PAP SMEAR CYTOLOGY</a></u>	11/1/2018	Stability	Specimens may be stored at 2-30°C for up to 4 weeks.



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<a href="#"><u>ROUTINE TISSUE PROCESSING (H&amp;E)</u></a>	11/09/2018	Synonym and Reported	Synonym: H&E-Hematoxylin and Eosin stain and Reported: Diagnoses are routinely available within 24-36 hours from the time the specimen is received in the histology lab.
<a href="#"><u>SEROUS EFFUSION CYTOLOGY</u></a>	11/09/2018	Handling	Submit original collection container with complete volume when possible. Submit ASAP to Cytology during routine hours. If other studies are requested submit sample to the Clinical Lab for handling and processing. Fresh and unfixed samples are optimal. If delay is unavoidable, refrigerate the specimen.
<a href="#"><u>URETHRAL/URETER BRUSHINGS</u></a>	11/09/2018	Collect	Roll brush onto a clean glass slide with a frosted end that has been labeled with the patient's name and the specific site of the brushing. Fix immediately. Brush tip(s) may also be snipped off and dropped immediately into a properly labeled container (Pap bottle) or Cytolyt solution.
<a href="#"><u>LAMOTRIGINE</u></a>	11/08/2018	Min Volume and Guidelines	
<a href="#"><u>LEVETIRACETAM, QUANTITATIVE</u></a>	11/08/2018	Stability	Added: Ambient (20-25 °C): 1 week
<a href="#"><u>LORAZEPAM</u></a>	11/08/2018	CPT	Removed from test
<a href="#"><u>MARIJUANA CONFIRMATION, URINE</u></a>	11/08/18	CPT	Added G0480 AND Updated Drugs of Abuse Detection Time Document to 2108 version
<a href="#"><u>MARIJUANA SCREEN, URINE</u></a>	11/8/2018	CPT	Removed G0479
<a href="#"><u>MDMA CONFIRMATION, URINE</u></a>	11/8/2018	CPT	added g0480 and updated drugs of abuse detection time
<a href="#"><u>METHADONE CONFIRMATION, URINE</u></a>	11/09/2018	CPT	added g0480 and updated drugs of abuse detection time
<a href="#"><u>METHADONE, QUANTITATIVE, SERUM OR PLASMA</u></a>	11/09/2018	CPT and Nmae change	added g0480 and updated name to "Methadone, Quantitative, Serum or Plasma"



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<a href="#"><u>METHADONE SCREEN, URINE</u></a>	11/09/2018	CPT	Updated to 80307
<a href="#"><u>METHAMPHETAMINE QUANTITATIVE, SERUM OR PLASMA</u></a>	11/09/2018	Name change and Synonym	Synonym removed and updated name to "Methamphetamine, Quantitative, Serum or Plasma"
<a href="#"><u>METHANOL, QUANTITATIVE, SERUM, PLASMA OR BLOOD</u></a>	11/09/2018	CPT	added g0480
<a href="#"><u>MORPHINE, QUANTITATIVE, SERUM OR PLASMA</u></a>	11/09/2018	CPT and Name change	Removed CPT and updated name to include 'PLAMSA'
<a href="#"><u>VITAMIN B12</u></a>		stability	AFTER SEPARATION FROM CELLS: Room Temperature (18-26°C): 8 hours; Refrigerated (2-8°C): 24 hours; Frozen (at or below -20°C): 1 month
<a href="#"><u>DEHYDROEPIANDROSTER ONE SULFATE</u></a>	11/12/18	Minimum volume	0.5 mL Serum (1.2 mL minimum whole blood draw)
<a href="#"><u>ACTH STIMULATION CORTISOL 0 MINUTES</u></a>	11/14/18	Handling and Stability	Allow serum to clot completely at room temperature (minimum – SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP. AFTER SEPARATION FROM CELLS: Room Temperature (18-26°C): 8 hours; Refrigerated (2-8°C): 48 hours; Frozen (≤ -20°C): 2 months
<a href="#"><u>ACTH STIMULATION CORTISOL 30 MINUTES</u></a>	11/14/18	Handling and Stability	Allow serum to clot completely at room temperature (minimum – SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP. AFTER SEPARATION FROM CELLS: Room Temperature (18-26°C): 8 hours; Refrigerated (2-8°C): 48 hours; Frozen (≤ -20°C): 2 months
<a href="#"><u>ACTH STIMULATION CORTISOL 60 MINUTES</u></a>	11/14/2018	Handling and Stability	Allow serum to clot completely at room temperature (minimum – SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP. AFTER SEPARATION FROM CELLS: Room Temperature (18-26°C): 8 hours; Refrigerated (2-8°C): 48 hours; Frozen (≤ -20°C): 2 months



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<u><a href="#">C PEPTIDE</a></u>	11/14/2018	Collect and Stability	Serum, one 5.0 mL gold (SST) or 7.0 mL red top tube; AFTER SEPARATION FROM CELLS: Room Temperature (18-26°C): 8 hours; Refrigerated (2-8°C): 24 hours; Frozen ( $\leq$ -20°C): 1 month
<u><a href="#">CANCER ANTIGEN 19-9</a></u>	11/14/2018	Transport	Refrigerated (2-8°C). If the specimen will be delayed more than 48 hours, send frozen (at or below -20°C).
<u><a href="#">CANCER ANTIGEN 27.29</a></u>	11/14/2018	Min Volume and Transport	0.3 mL Serum ( <i>0.8 mL minimum whole blood draw</i> ) and Refrigerated (2-8°C). If the specimen will be delayed more than 24 hours, send frozen (at or below -20°C).
<u><a href="#">CANCER ANTIGEN 125</a></u>	11/14/2018	Min Volume and Transport	0.3 mL Serum ( <i>0.8 mL minimum whole blood draw</i> ); Refrigerated (2-8°C). If the specimen will be delayed more than 24 hours, send frozen (at or below -20°C).
<u><a href="#">CORTISOL</a></u>	11/14/2018	Handling and Stability	Allow serum to clot completely at room temperature (minimum – SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP.; AFTER SEPARATION FROM CELLS: Room Temperature (18-26°C): 8 hours; Refrigerated (2-8°C): 48 hours; Frozen ( $\leq$ -20°C): 2 months
<u><a href="#">DEHYDROEPIANDROSTER ONE SULFATE</a></u>	11/14/2018	Min Volume	0.5 mL Serum ( 1.2 mL minimum whole blood draw)
<u><a href="#">ESTRADIOL</a></u>	11/14/2018	Rejection Criteria; Stability	Grossly hemolyzed or plasma specimens. Specimens from fulvestrant-treated patients.; AFTER SEPARATION FROM CELLS: Room Temperature (18-26°C): 20 hours; Refrigerated (2-8°C): 48 hours; Frozen ( $\leq$ -20°C): 2 months
<u><a href="#">FOLATE, SERUM</a></u>	11/14/2018	Handling; Stability	Allow serum to clot completely at room temperature (minimum: SST - 30 minutes and red top tubes - 60 minutes). Centrifuge and separate serum or plasma from cells ASAP. Thaw only once before testing.; AFTER SEPARATION FROM CELLS: Room Temperature (18-26°C): Not acceptable; Refrigerated (2-8°C): 3 days; Frozen (at or below -20°C): 6 months
<u><a href="#">FOLLICLE STIMULATING HORMONE</a></u>	11/14/2018	Handling, Stability, Note	Allow serum to clot completely at room temperature (minimum – SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP.; AFTER SEPARATION FROM CELLS: Room Temperature (18-26°C): 8 hours; Refrigerated (2-8°C): 7 days; Frozen ( $\leq$ -20°C): 2 months; Include age, sex and other pertinent medical history.
<u><a href="#">HEPATITIS B CORE ANTIBODY, TOTAL</a></u>	11/14/2018	Preferred/Min volume	1.0 mL serum and 0.5 mL Serum (1.2 mL minimum whole blood draw)



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<a href="#"><u>INSULIN, 30 MINUTES</u></a>	11/14/2018	Handling/Min Vol	Allow serum to clot completely at room temperature (minimum -SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP. Only thaw once before testing. ; 0.5 mL Serum (1.2 mL minimum whole blood draw)
<a href="#"><u>INSULIN, 60 MINUTES</u></a>	11/16/2018	Handling/Min Vol	Allow serum to clot completely at room temperature (minimum -SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP. Only thaw once before testing. ; 0.5 mL Serum (1.2 mL minimum whole blood draw)
<a href="#"><u>INSULIN, 90 MINUTES</u></a>	11/16/2018	Handling/Min Vol	Allow serum to clot completely at room temperature (minimum -SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP. Only thaw once before testing. ; 0.5 mL Serum (1.2 mL minimum whole blood draw)
<a href="#"><u>INSULIN, 120 MINUTES</u></a>	11/16/2018	Handling/Min Vol	Allow serum to clot completely at room temperature (minimum -SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP. Only thaw once before testing. ; 0.5 mL Serum (1.2 mL minimum whole blood draw)
<a href="#"><u>INSULIN, 180 MINUTES</u></a>	11/16/2018	Handling/Min Vol	Allow serum to clot completely at room temperature (minimum -SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP. Only thaw once before testing. ; 0.5 mL Serum (1.2 mL minimum whole blood draw)
<a href="#"><u>INSULIN, 240 MINUTES</u></a>	11/16/2018	Handling/Min Vol	Allow serum to clot completely at room temperature (minimum -SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP. Only thaw once before testing. ; 0.5 mL Serum (1.2 mL minimum whole blood draw)
<a href="#"><u>INSULIN, 300 MINUTES</u></a>	11/20/2018	Handling/Min Vol	Allow serum to clot completely at room temperature (minimum -SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP. Only thaw once before testing. ; 0.5 mL Serum (1.2 mL minimum whole blood draw)
<a href="#"><u>INSULIN, FASTING</u></a>	11/20/2018	Handling/Min Vol	Allow serum to clot completely at room temperature (minimum -SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP. Only thaw once before testing. ; 0.5 mL Serum (1.2 mL minimum whole blood draw)
<a href="#"><u>INSULIN, RANDOM</u></a>	11/20/2018	Handling/Min Vol	Allow serum to clot completely at room temperature (minimum -SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP. Only thaw once before testing. ; 0.5 mL Serum (1.2 mL minimum whole blood draw)



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<a href="#"><u>SOTALOL</u></a>	11/20/2018	Mnemonic, Stability, Reported, CPT	SOTALOL QNT; Ambient: 2 weeks; Refrigerated: 1 month; Frozen: 1 month; 3-10 Days:80375
<a href="#"><u>IRON DEFICIENCY PROFILE</u></a>	11/20/2018	Min Volume	0.5 mL Serum/Plasma (1.2 mL minimum whole blood draw)
<a href="#"><u>LUTEINIZING HORMONE</u></a>	11/21/2018	Handling	Allow serum to clot completely at room temperature (minimum – SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum from cells ASAP.
<a href="#"><u>PROGESTERONE</u></a>	11/21/2018	Handling	Allow serum to clot completely at room temperature (minimum – SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum or plasma from cells ASAP.
<a href="#"><u>PROLACTIN</u></a>	11/21/2018	Handling/Stability	Allow serum to clot completely at room temperature (minimum – SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum or plasma from cells ASAP./ Allow serum to clot completely at room temperature (minimum – SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum or plasma from cells ASAP.
<a href="#"><u>PROSTATE SPECIFIC ANTIGEN, FREE</u></a>	11/21/2018	Stability	AFTER SEPARATION FROM CELLS: Room Temperature (18-26°C): Not acceptable; Refrigerated (2-8°C): 24 hours; Frozen (at or below -20°C): 2 months
<a href="#"><u>RUBELLA ANTIBODY, IgG</u></a>	11/21/2018	Rejection criteria	Plasma specimens, grossly hemolyzed specimens, and specimens that have undergone more than 3 freeze thaw cycles
<a href="#"><u>SEX HORMONE BINDING GLOBULIN</u></a>	11/21/2018	Department	Chemistry
<a href="#"><u>TESTOSTERONE, FREE AND TOTAL (WITH SHBG), ADULT MALES</u></a>	11/21/2018	Rejection Criteria	Grossly hemolyzed or plasma specimens. Specimens that have been frozen and thawed more than once.
<a href="#"><u>TESTOSTERONE, FREE, ADULT MALES</u></a>	11/21/2018	Rejection Criteria	Grossly hemolyzed or plasma specimens. Specimens that have been frozen and thawed more than once.
<a href="#"><u>THYROID STIMULATING HORMONE WITH REFLEX</u></a>		Handling	Allow serum to clot completely at room temperature (minimum – SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum or plasma from cells ASAP.



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<u>THYROID STIMULATING HORMONE</u>		Handling/Stability	AFTER SEPARATION FROM CELLS: Room Temperature (18-26°C): 24 hours; Refrigerated (2-8°C): 4 days; Frozen (at or below -20°C): 1 month
<u>THYROXINE, TOTAL</u>		Handling	Allow serum to clot completely at room temperature (minimum – SST: 30 minutes, red top tubes: 60 minutes). Centrifuge and separate serum or plasma from cells ASAP.