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Instructions for patients who are scheduled for an elective injection procedure:

Date of Injection _____

Check in at East Portland Surgery Center 9200 SE 91st Ave. Portland OR 97086. The Surgery Center will contact you one week before your injection to set up the injection time as well as discuss co pay responsibilities. The East Portland Surgery Center's phone number is 503.772.6160. The doctor doing the injection is Dr Jeanne Button.

You will need a driver to take you home after the procedure. We will ask you to stay for an additional 30-60 minutes following the injection procedure for monitoring.

Eating Restrictions:

- XX No restrictions regarding eating or drinking prior to injection.

If you think you will need IV sedation for this injection, you must tell the referral coordinator at least **one week before** your scheduled injection. Patients scheduled for medial branch blocks will not be able to have conscious sedation.

Please stop taking any non-steroidal anti-inflammatory medication at least 5 days before the injection. This includes ibuprofen, Motrin, Advil, naproxen (Celebrex or Meloxicam) or Aleve.

Contact our office immediately at (503-413-6294) option 3 if you are currently taking Aspirin, Coumadin, Warfarin, Plavix, Eliquis, Aggrenox, Xarelto Pradaxa OR have an allergy to iodine/contrast solution.