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## INSTRUCTIONS FOR PATIENTS WHO ARE SCHEDULED FOR AN ELECTIVE INJECTION PROCEDURE

Check in at Meridian Park Hospital Information Desk located at the front entrance of the hospital at 19300 SW 65<sup>th</sup> Ave Tualatin OR 97062. Please note that free valet parking is available for patients at the main entrance of the hospital.

Please arrive **60 minutes** prior to your scheduled injection time.

Eating Restrictions:

- \_\_\_ No restrictions regarding eating or drinking prior to injection (if no sedation or oral sedation, aka you are taking a pill)
- \_\_\_ No solids 6 hours prior and no liquids 2 hours prior to injection (for IV sedation)

\*\*\* If you think you will need IV sedation for this injection, you must notify the referral coordinator at least **one day prior** to your scheduled injection\*\*\*

**You will need a driver to take you home after the procedure.** We will ask you to stay for an additional 30-60 minutes following the injection procedure for monitoring.

**Please discontinue any anti-inflammatory medication at least 5 days prior to the injection. This includes ibuprofen, Motrin, Advil, naproxen or Aleve.**

**Contact our office immediately when you receive this mailing if you are currently taking Aspirin, Coumadin, Warfarin, Plavix, Eliquis, Aggrenox, or Pradaxa, (503-413-6294).**