
LEGACY TRANSPLANT SERVICES

KIDNEY TRANSPLANT CANDIDATE CRITERIA

POLICY: Transplantation is contraindicated when, independent of patient preferences, the risk of death or allograft failure is too high or the potential benefit is too low. Although individual risk factors may not disqualify a potential transplant candidate, their simultaneous presence may be a contraindication to transplantation. For this reason, transplant candidacy is determined case by case after the appropriate evaluation is completed.

Indications for transplantation:

- Evidence of ESRD
- Minimum age criteria must be met¹ (age limits are based on life expectancy)
- No evidence of advanced liver or cardiopulmonary disease
- No evidence of prolonged dialysis resulting in chronic dialysis-related comorbidities
- No evidence of HIV with a detectable virus load or a CD4 count <200 cells/mL
- BMI \leq 40 (BMI \leq 35 if comorbidities are present or blood products are refused)
- No evidence of active or recent malignancy
- No evidence of active unresolved infection
- No evidence of refusal of blood products if comorbidities or abnormal coagulation are present
- No evidence of untreated or inadequately treated psychiatric disorder
- No evidence of substance dependency and no evidence of e-cigarettes or chewing or smoking tobacco, or marijuana (cannabis, THC) use in the last 6 months.
- No evidence of inadequate social or financial support
- No evidence of inability to identify committed care partner to attend transplant appointments with patient
- No evidence of failure to follow through with assigned tasks or scheduled appointments
- No evidence of non-adherence with medical regimens
- No evidence of inappropriate or threatening behavior towards transplant staff
- No evidence of refusal to disclose to the living donor conditions that increase the risk of allograft failure or recipient death
- No evidence of inability to meet criteria when referred from outside our Donor Service Area²

¹Minimum criteria not met

	Maximum age at time of transplant
no risk factors	80
Diabetes ^a or Heart Disease ^b	75
Diabetes + Heart Disease	72

^aHeart Disease: Angina or CAD requiring invasive intervention (bypass, stenting, angioplasty) or EF<45%.

^bDiabetes: Treated with insulin or oral hypoglycemic agents