What if I forget to take my warfarin dose?

You are on warfarin to prevent or treat blood clots. It is important that you not miss or skip any warfarin doses, because it may put you at higher risk for having a stroke or a blood clot.

What to do if you miss one dose:

• Take it as soon as you remember on the same day it was due. It’s okay to take your dose a little late.
• Skip the dose if you missed it the previous day, then take the next dose at the normal time.

What to do if you miss two or more doses:

• Call the anticoagulation clinic for advice on how to get back on track with your dosing.
• **DO NOT** take a double-dose to try and catch up on missed doses.

How to take your warfarin

• Take it at the same time every day.
• We recommend taking warfarin in the evening time. The anticoagulation clinic pharmacist will tell you about any dose changes to make during your office visit (before you have taken your dose for the day).

Other tips for taking your warfarin safely

• Keep a record on your calendar of any day(s) you forgot to take a dose, and tell your anticoagulation clinic pharmacist at your next office visit.
• Pill organizers are a great way to keep track of your warfarin dose.
• Check your medicine bottle to make sure the color of your warfarin tablets matches the tablet size you should have.
• Check your dose instructions; does the number of tablets and tablet size equal the dose you should be taking?

Questions? If you have questions, or would like more information, please call your anticoagulation clinic.