

# **Registration Form**

Name:		Date of Birth:				
	Last	First	Middle Initial			
Home	/Mailing Add	lress:				
	0	Str	eet	City	State	Zip Code
Home Phone:			Ce	ll Phone:		
Email	Address:					
Prima	ary Care Prov	vider:				
Race:						
Coun	try of Origin:					
Religi	ous Preferen	ce (if any):				
Empl	oyment Statu	s:				
	Full-Time En	nployed				
	Part-Time Er	mployed				
	Self-Employ	ed				
	Retired					
	Student					
	Not Employe	ed				
Marit	al Status:					
	Married					
	Single					
	Widowed					
	Separated					
	Divorced					
	Significant C	Other				
	Domestic Pa	rtner				
	Other					
Emer	gency Contac	t:				
Name		ŀ	Relationship:	Phone:		

### **Patient Questionnaire**

Legacy Good Samaritan Hospital Audiology & Vestibular Lab 1040 NW 22<sup>nd</sup> Ave., #460 Portland, OR 97210 Phone: (503) 413-8154 Fax: (503) 413-6944

Please complete the questions as best as you can. The information will assist us in making your appointment as effective as possible. **Thanks for helping us to help you!** 

Name: \_\_\_\_\_

Briefly state the problem for which you are seeking help:

When did your symptoms first begin (no matter how long ago)?

Was there a specific event or change that you think may have caused or triggered your symptoms?

(e.g., Did your symptoms begin following a cruise or boating trip, exposure to toxic fumes, head injury, neck or back injury, automobile accident, change in medications, stroke, new glasses, cataract surgery, severe stress, illness, etc.?)

Note: If you have imbalance and/or falls without any dizziness or spinning vertigo, many of the following questions may not apply. However, please fill out the questionnaire as completely as possible since certain questions may still be helpful to us in determining the cause of your imbalance and selecting the most appropriate treatment options.

# I. Do you experience any of the following symptoms? Please check $(\Box)$ all that apply.

□ Spinning or whirling sensation. □ Sudden tilting sensation.

□ Spinning or whirling sensation when you move or change positions? (e.g., rolling over in bed,

bending over, tilting head back, sitting up, standing up).

□ If you get a spinning sensation, how long does it last?

- □ 60 seconds or less □ Minutes □ Hours Davs
- □ Lightheadedness.
- □ Disoriented or spacey feeling.
- □ Fainting spells.
- □ Sensation of rocking on a ship or in an earthquake.
- □ Loss of balance when walking.

□ Tendency to veer off-course when walking. □To the right? □To the left? □Either direction?

□ Loss of balance when: □Looking up? □Bending over?

- □ I have trouble walking: □In the dark. □On uneven surfaces.
- □ I must support myself when standing.
- □ Do you have a fear of falling?
- □ Imbalance with falls. If so, how many times have you fallen in the last year?
- □ Headache □ Head pressure
- □ Nausea □ Nausea with vomiting
- Memory and concentration difficulties.

□ Visual problems: □ Double vision. □ Visual bouncing when walking.

Blurring or visual lag when turning your head.

Do you have an <u>unusual</u> ability to hear body noises? (e.g., "I can hear my eyes blink".)

# II. Please check $(\square)$ all that apply:

□ My symptoms are constant.

□ My symptoms occur in episodes. How often?

- □ My symptoms occur suddenly, without warning.
- □ My symptoms occur with warning signs prior to more severe symptoms.
- □ I am symptom-free between episodes.

# III. Please check $(\Box)$ any of the following that can trigger or worsen your symptoms:

- □ Worse in morning. □ Worse in evening. □ Weather changes □ Stress
- Head and body position changes
- □ Busy visual patterns/complex visual environments □ Grocery/mall shopping
- Peripheral motion □ Car travel
- □ Menstruation/fluid retention □ Altitude changes □ Airplane flights
- Hearing loud noises Eating salty meals or snacks
- Coughing, sneezing, lifting, blowing your nose, or bowel movements
- □ I am unable to identify any specific triggers.

- □ Turning your head while walking
- Riding on elevators

IV. Do you have any of the following sympto	ms? If so, plea	ase circle the ear	<sup>.</sup> involved			
□ Difficulty in hearing? Both ears	Right ear	Left ear				
When did you first become aware of hear	ing loss?					
Was the hearing loss $\Box$ Sudden?	□ Gradual?					
Is it getting worse? Doe	s your hearing	fluctuate?				
□ Noise in your ears? Both ears	Right ear	Left ear				
Approximate date/year it began?		□ Constant?	□ Off a	and on?		
Sounds like: Ringing Roaring B	uzzing Crick	ets Hissing	Pulsing			
Does the noise change with dizziness? If	so, how?					
☐ Fullness or plugged feeling in your ears?	Both	ears Right	ear	Left ear		
Does it change when you are dizzy?						
□ Pain in your ears?	Both ears	Right ear	Left ear			
□ Drainage from your ears?	Both ears	Right ear	Left ear			
□ Distortion of sound?	Both ears	Right ear	Left ear			
□ Abnormal sensitivity to sound?	Both ears	Right ear	Left ear			
□ Feeling of wetness in your ears?	Both ears	Right ear	Left ear			
□ Childhood history of ear infections?	Both ears	Right ear	Left ear			
□ Ear infections as an adult?	Both ears	Right ear	Left ear			
□ History of ear surgery?	Both ears	Right ear	Left ear			
□ History of loud noise exposure? (Firearms	s, work-related,	recreational)				
V. Please check $(\ensuremath{\overline{U}})$ all that apply. Fill in the	e blank spaces	if applicable.				
□ Allergies?						
□ Head/neck injuries?						
If so, were you unconscious?						
□ Tobacco use in any form? How much?						
□ Alcohol use? How much?						
□ How many cups of coffee, tea, colas or other caffeinated beverages do you drink each day?						
Eye surgery?						
Decreased vision? (e.g., cataracts, macula etc.)	-	-				
Weakness or clumsiness in arms and legs	?					
Diabetes?						
Numbness in your feet or legs?						
□ Strokes or TIA's (transient ischemic attack	(s):					
□ Any other disorders such as Parkinson's c	lisease, multiple	e sclerosis, myast	henia grav	/is, seizures,		
lupus, ALS, Chiari malformation, neuro	fibromatosis, a	neurism, Sjögren'	s, rheuma	toid arthritis, etc.		
□ Shingles □ Shingles in head/neck area?	Approximate y	ear:				
□ Sudden paralysis of one side of your face	(Bell's palsy)?	Approximate yea	r:			

□ Numbness around face/mouth?	□ Difficulty swallowing?	Difficulty producing speech?			
Meningitis or encephalitis?					
□ Hepatitis?					
□ Kidney disease?					
□ High blood pressure? □ Hea	art condition?				
□ Sleep apnea? If so, do you use a CPAP, BiPAP or APAP at night?					
□ Have you ever had migraine headaches? If so, when did they first start?					
Do visual changes accompany your headaches/migraines?					
History of any memorable headaches, or headaches from caffeine withdrawal?					
□ Frequent low-grade headaches? □ Any change in the nature of your headaches since the dizziness					
began?					
Early graying of your hair or white patch of hair that was there during childhood or young adulthood?					
□ Panic attacks/hyperventilation? □ Anxiety? □ Depression? □ Post-Traumatic Stress Disorder?					
□ Muscle pain, joint pain or neck or back pain affecting your mobility?					
□ Tingling around mouth?					
Childhood history of: Vertigo? Dizziness? Motion sickness?					
Claustrophobia?  Extreme fear of the dark?					
□ Have you ever received chemotherapy, radiation, or high doses of antibiotics for a severe infection?					
Approximate date(s):					
Treatment area(s):					
Have you had balance therapy? If so, when?					
Was it helpful to you?					
Have you had any recent imaging studies of your head or neck (e.g., MRI, MRA, X-Rays, CT scans)?					
Results if known:					

## VI. Medications:

Please print (or attach a list) of all the medications, supplements, and over-the-counter products you take and the reason you take it. Please include the dosage (e.g., 25mg, 250mg) and "Route" meaning <u>how</u> you take them such as: tablet, capsule, injection, ointment, nasal spray, etc.).

Medication/Supplement/Product	Dosage	Route	Reason you take it

#### What medications did you take within the last 48 hours? □ All of the above.

Otherwise, please specify only those medications you did not take prior to testing:

# Over time, my symptoms have:

### □ Gotten worse

- □ Not improved, stayed about the same
- □ Improved somewhat, but still not completely gone
- □ Completely resolved

### If you have dizziness, the level of disability from dizziness is best described as:

- □ I can work, drive, and feel no ill effects from my dizziness.
- □ I can continue to function with my dizziness but do not feel well.
- □ I need to stop when dizzy, but then I can return to work or normal activities soon thereafter.
- I am totally incapacitated or unable to function normally for extended periods of time because of the dizziness.
- □ I am unable to leave the house.
- □ I am unable to do any daily work.

### Does anyone in the family currently have, or is there a family history of:

□ Migraines □ Meniere's disease □ Neurological disorder □ Anxiety/Depression □ Stroke

- □ Hearing loss Dizziness
- □ Balance problems

□ Heart disease

# Is there any other information you feel would be important for us to know prior to your testing?

(Rev. 2-21-2022)