


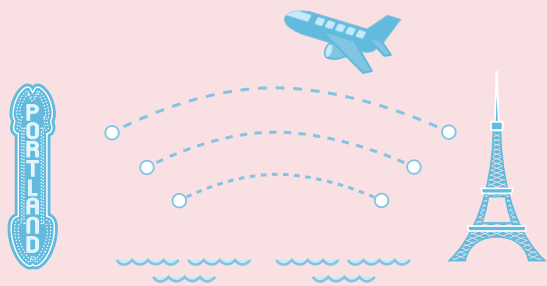
About mammography and radiation

The radiation from a mammogram is about the same as the radiation from:




7 weeks of walking around in your neighborhood

...or, the in-flight radiation from **4 Paris vacations**

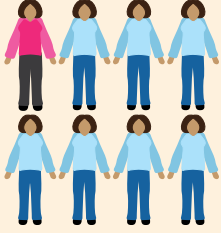


There is no evidence that mammography causes breast cancer.

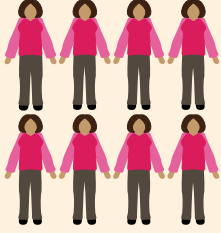
30%



Regular screening mammography reduces deaths from breast cancer by 30% or more.



1 in 8 women will be diagnosed with breast cancer.



Nearly all women survive if it's caught early. A mammogram is the best way to do that.

Read the studies and see the video: www.legacyhealth.org/breastcentral

