



Nutrition in Survivorship: Seasonal Foods for Fall

Join us for a fun afternoon of cooking and discussion about foods to support your health in survivorship. Our dietitians, Maran Scott and Alexa Billy will share seasonal recipes, showing how to prepare them as well as talking through the health benefits of these foods. Samples of the food that is prepared will be available to try with time for your questions. This talk is open to anyone who has received a cancer diagnosis and their loved ones.

Date: Saturday, September 20

Time: 12 - 1:30 p.m.

Location: Salmon Creek Medical Center

Legacy Cancer Healing Center

Medical Office Building B, Suite 160



Scan QR code or visit www.legacyhealth.org/cancerclasses to register.



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Questions?

Contact Laurie Christensen at:

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