



## Nutrition in Survivorship

Join us for a fun afternoon of cooking and discussion about foods to support your health in survivorship. Our dietitians, Maran Scott and Alexa Billy, will show you how to prepare seasonal recipes, explain the health benefits of the ingredients used and give practical tips for healthy eating in daily life. Maran and Alexa will be available to answer your questions while you get to sample the food prepared. Patients and loved ones are welcome.

**Date:** Saturday, March 21, 2026

**Time:** 12 - 1:30 p.m.

**Location:** Salmon Creek Medical Center  
Legacy Cancer Healing Center  
Medical Office Building B, Suite 160



**Scan QR code or visit [www.legacyhealth.org/cancerclasses](http://www.legacyhealth.org/cancerclasses) to register.**



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### Questions?

Contact Laurie Christensen at:  
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