

Legacy Therapeutic Gardens

2015 Nature Education: The Common Birds of Legacy Gardens

The educational initiative for Legacy Gardens 2015 is learning about common birds in our gardens. Our 2014 educational initiative was plant pollinators. A healthy natural environment contributes to our environmental and personal health and well-being.

Objective:

Garden participants will:

1. Get outdoors more.
2. Use the new garden signage to identify the common birds in Legacy gardens.
3. Describe bird size, color and markings, diet, and where they locate in the garden.
4. Share a fun fact about each bird.
5. Describe ways to make any property a more welcoming and more beneficial habitat for wild birds.

Improving the quality of land for wildlife is the single most constructive step that anyone can take to assist wild bird populations. It is well within almost everyone's capability to improve bird habitats by providing important food and cover plants. Audubon Society

Project Consultants:

Terri Cohen, artist, naturalist, Legacy garden volunteer, Legacy garden research consultant

Duncan Neilson, MD, ornithologist, Legacy garden research consultant

Signage installation and event time:

February 17, 2015	10:00 – 10:30	Mount Hood Medical Center Healing Garden
February 25	10:00 – 10:30	Meridian Park Medical Center Lewis and Floetta Ide Healing Garden
March 4	12:00 – 12:30	The Children's Garden at Emanuel Medical Center
March 16	11:00 – 11:30	Stenzel Healing Garden at Good Samaritan Medical Center
March 18	11:30 – 12:00	Terrace Garden at Emanuel Medical Center (second floor)

Teresia Hazen, MEd, HTR, QMHP
Coordinator, Therapeutic Garden Program
Legacy Health
503.413.6507
thazen@lhs.org www.legacyhealth.org/gardens
Gardens for rehabilitation, recovery and restoration