



Teresia M. Hazen, MEd, HTR, QMHP has been with Legacy Health in Portland, Oregon since 1991. This is a not-for-profit integrated healthcare network including six hospitals and related services. Legacy promotes gardens in health care to create supportive healing environments for patients, families, visitors, employees and neighbors. Each garden is a part of a clinical cost center in patient care services.

Teresia is responsible for the 1991 pioneering of horticultural therapy (HT) programming and therapeutic gardens for Legacy's long-term care and skilled nursing patients. Today, she oversees the therapeutic garden program in eleven hospital gardens www.legacyhealth.org/gardens and HT services at the Rehabilitation Institute of Oregon, Randall Children's Hospital and the Oregon Burn Center. Legacy Good Samaritan Medical Center Stenzel Healing Garden was recognized with the American Horticultural Therapy Association (AHTA) Therapeutic Garden Award in 1998. The Children's Garden at Emanuel received the same honor in 2000 and the Oregon Burn Center Garden in 2006 www.ahta.org.

In addition to being a registered horticultural therapist (HTR), Ms. Hazen holds a Master of Education degree (MEd), a K – 12 Administrative Credential, and is a Qualified Mental Health Professional (QMHP). The focus of her training has been pediatrics, gerontology, addictions counseling, special education, horticulture, and curriculum design.

Teresia calls upon her extensive, broad-based background to facilitate interdisciplinary garden design teams and to develop therapeutic programs in healthcare gardens. She is also responsible for aspects of fund development, marketing, public relations and volunteer services to sustain the therapeutic garden programs. Health and nearby nature collaborative work <http://theintertwine.org/blog/nature-hospitals> at the regional, state and national level is a priority for her focus at this time in order to promote health and well-being for all community members.

Teresia served on the AHTA Board of Directors from 1995 – 1999. In 2003, the Association recognized her leadership with the Rhea McCandliss Professional Service Award. In 2007, the American Horticultural Society awarded Teresia their HT award for national leadership. The Portland Garden Club recognized her with their "Outstanding Achievement Award 2012." For ten years, she served as an instructor for the Chicago Botanic Garden Healthcare Garden Design Certificate program and for six years she taught in the University of Washington Certificate in Therapeutic/Healing Gardens program. Teresia authored chapters on the participatory design team process and garden design for horticultural therapy programs in the Wiley Press 2013 ***Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces***. She is the project manager for a \$560,000 grant www.naturesacred.org for the new Legacy family birth and cardio-vascular ICU garden and to conduct three research studies about birthing moms, families and employee use of the garden www.legacyhealth.org/gardenresearch. She has taught, lectured and consulted about gardens in health care, horticultural therapy for a wide variety of populations, benefits of gardening, health benefits of nearby nature, therapeutic garden design, participatory design process, and gardens in senior living communities in the US, Japan, Korea, China, Canada, France and Britain.