

Birth Plan

Thank you for choosing Legacy Health. We are excited to partner with you for the birth of your baby! To help us care for you in labor, we invite you to share your preferences and needs with us. Please bring this sheet along with you when you come to the hospital on the big day. We all realize that even the best plans need to be flexible and may require some adjustments. The health and wellbeing of both mom and baby are the number one priority for everyone.

Your name:

Names of your support person(s):

Your greatest hopes for your labor & birth are:

Your greatest fears for your labor & birth are:

Your coping plan for your labor & birth includes:

Your learning needs for labor & birth are:

Thank you for sharing your thoughts, wishes and needs with us. We will do our best to partner with you throughout your journey. Please feel free to ask any questions you might have along the way, and know that we are committed to working together with you for the best possible birth experience.

www.legacyhealth.org



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GOOD SAMARITAN Medical Center

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