

Concussion Info for Coaches

Signs of concussion

- Appears dazed or stunned
- Confused about assignment or position
- Forgets sports plays
- Unsure of game, score or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness, even briefly (concussions can occur even when a child does not lose consciousness)
- Shows behavior or personality changes
- Can't recall events before the hit or fall
- Can't recall events after the hit or fall

Sports and concussion



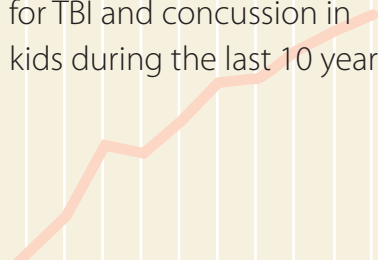
Concussion numbers and rates are highest in boy's football and girl's soccer.*

173,285 ER visits every year by kids ages 0-19 for sports-related traumatic brain injuries (TBI), including concussions.*



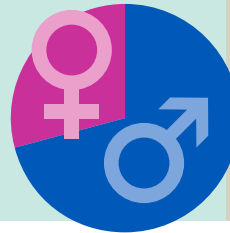
More ER visits

60% increase in ER visits for TBI and concussion in kids during the last 10 years.*



Males

71.0% of all sports- and recreation-related TBI ER visits were by males.*

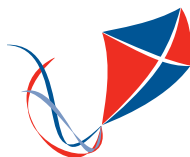


Children and teens

70.5% of ER visits for sports-related TBI were by kids ages 10-19.*



*Data from the Center for Disease Control and Prevention, Center for Injury Prevention and Control



RANDALL CHILDREN'S HOSPITAL
LEGACY EMANUEL

