Silvadene Dressing

Silvadene is a white cream that reduces bacteria and helps remove dead tissue from your wound. It reduces your risk for infection promotes wound healing.

To make a dressing:

- Get your supplies ready and set out
  - Gauze
  - Tape
  - Scissors
  - Silvadene Cream

- Have a designated “clean” area to prepare and apply your dressing.
- First, roll out a strip of gauze and apply enough Silvadene cream to over the gauze. There should be no dry areas but it should not be dripping.
- Continue to roll the gauze back over itself to create layers and continue to apply Silvadene.

Applying a dressing

- Cut appropriate length strips of Silvadene coated gauze to cover your burns.
- Apply to your cleaned burns
  - Try to limit application on healthy
  - Allow some overlap, about one inch, onto healthy skin, expecting that your dressing will shift as you move about.
  - To protect your dressing, now wrap with a roll of dry gauze.
    - When wrapping arms or legs, always start from the outermost end and wrap upward toward the body. For example, start at the toes and work toward the knee, or start at the fingers and work toward the shoulder.
  - Secure with tape
  - If needed, you can further secure your dressing with snug fitting clothing.
  - If your dressing shifts and areas of your burn become exposed during the day, reinforce the dressing and reapply cream if needed. Do not allow your healing burn to dry out.