

# Legacy Emanuel Medical Center

## Xeroform/Double Antibiotic Dressing

Double Antibiotic Ointment or Polysporin can be prescribed or purchased over the counter without a prescription. Xerofoam is a type of petroleum-based gauze used to keep the wound moist and protect the tissue while promoting healing.

Making a dressing:

Get your supplies ready

Double Antibiotic Ointment  
Xeroform  
Gauze  
Tape

Applying dressing to your burn

- Try to limit application on healthy, intact skin
- Allow some overlap, about one inch, onto healthy skin, expecting that your dressing will shift as you move about.
- To protect your dressing, now wrap with a roll of dry gauze.
  - When wrapping arms or legs, always start from the outermost end and wrap upward toward the body. For example, start at the toes and wrap toward the knee, or start at the fingers and work toward the shoulder.
- Secure with tape
- If needed, you can further secure your dressing with snug fitting clothing.
- If your dressing shifts and areas of your burn become exposed during the day, reinforce the dressing and reapply ointment if needed. Do not allow your healing burn to dry out.

