

Mount Hood Medical Center Foundation

Cardiac Education Program

a legacy campaign



EXPERT CARE, CLOSE TO HOME

The ambulance crews call it “Cardiac Alley,” a section of East Multnomah County that lacks the medical services to treat heart attacks and other cardiac emergencies. Hundreds of times each year, ambulances carrying these patients zoom past Legacy Mount Hood Medical Center on their way to a Portland hospital, delaying treatment by up to a half-hour, leading to heart muscle loss and other serious cardiac conditions.



Today, Legacy Mount Hood is transforming cardiac care in the Gresham area with the expansion of our cardiology program.

We'll bring new emergency services, including a non-surgical option to treat patients experiencing cardiac arrest or heart attacks. We're also adding non-emergency services and enhancing our heart health education and cardiac rehabilitation programs.

While Legacy Health will fund the new cardiology services, Mount Hood Medical Center Foundation has launched a campaign to enhance the cardiac rehab and education programs. We hope you'll join us as we build healthy hearts in our community.

“Expanding these two programs is an important part of this project. We need the community's help to make it happen.”

– Josh Weston, chair
Mount Hood Medical Center Foundation

SAVING TIME, SAVING LIVES

For more than 80 years, Legacy Mount Hood Medical Center has served Gresham and surrounding areas. Today, we provide the latest imaging technology, a modern birth center and comprehensive cancer care.

Legacy Mount Hood also offers excellent emergency services and ranks third among the busiest emergency departments in Oregon. Yet patients experiencing heart attacks in the Gresham area are taken to other hospitals because Legacy Mount Hood doesn't currently offer stents or other interventional services.

To fill the need for these services, Legacy Health will invest \$5 million in a cardiac care expansion. The centerpiece of this project is the construction of two cardiac catheterization suites, where we'll provide emergency care, including diagnostic and treatment services.

We're also expanding our outpatient cardiology clinic and our cardiac rehabilitation program. We've assembled an expert team of doctors and staff and have already begun offering non-emergency care.

These upgrades will reshape cardiac services in East Multnomah County. We expect to bring an additional 500 patients to Legacy Mount Hood in the first year of operation, including nearly 450 emergency cases that would otherwise pass by our hospital.

This project will provide patients with vital care, close to home, saving time and saving lives.

HEART HEALTH EDUCATION & REHABILITATION

To complement these new services, Mount Hood Medical Center Foundation has begun a three-year, \$600,000 campaign to fund the expansion of our cardiac education and rehabilitation programs. Healthy hearts require a good diet, an active lifestyle and expert guidance.

The expansion will include:

- community education;
- nutrition counseling;
- new exercise equipment;
- financial aid for patients with limited resources.

WE NEED YOUR SUPPORT

Your gift to support Legacy Mount Hood Medical Center will benefit the entire community, giving our families, friends and neighbors the resources they need for healthy hearts. Your generosity is the key to our success.

To learn more about supporting Legacy Mount Hood Medical Center, please contact Michael Schultz • 503-413-7384 • mischultz@lhs.org or visit www.legacyhealth.org/giving



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