

# SUPPORT FOR BURN PATIENTS AND FAMILIES

## SURVIVOR SUPPORT GROUP

- Meetings usually held twice quarterly on the 4<sup>th</sup> Tuesday of the month, from 7:00-8:30 p.m. in the OBC Wound Clinic.
- The support group is led by SOAR peer supporters and is open to burn, wound and trauma survivors, their family members and friends from all stages of recovery, whether recent or years past.
- Quarterly events include Swim Gathering, Garden Ice Cream Social, Survivor Day at Hagg Lake and Holiday Gathering.
- For additional information, call 503-413-1727 or email [mkruerge@lhs.org](mailto:mkruerge@lhs.org)

## SOAR (Survivors Offering Assistance in Recovery)

- Peer to peer support for current OBC patients and family members. This hospital-based program provides a way for burn patients and loved ones to speak with someone who has traveled a similar road... “to find hope by talking with others who have transitioned from burn victim to burn survivor.”
- For additional information, call 503-413-1727 or email [mkruerge@lhs.org](mailto:mkruerge@lhs.org)

## WRITE AROUND PORTLAND

- A 10-week writing workshop held in the OBC conference room, open to all burn, wound and trauma survivors, their family and friends. Participants publish their work in an anthology that is sold at Powell’s Book Store and read their works at a public meeting.
- For additional information, call 503-413-1727 or email [mkruerge@lhs.org](mailto:mkruerge@lhs.org)

## THE PHOENIX SOCIETY

- A community of individuals committed to ensuring that every burn survivor, their loved ones and caregivers have the necessary support and resources on the road to burn recovery. Look for their quarterly newsletter “Burn Support News” and check out their website at [www.phoenix-society.org](http://www.phoenix-society.org). Phone 1-800-888-2876.

## CARE PAGES

- Care pages are free, personalized web pages to help Legacy patients and their loved ones keep in touch before, during or after hospitalization. Post messages, updates, and receive responses from those who can’t be with you.

- To get started visit [www.carepages.com/legacyhealth](http://www.carepages.com/legacyhealth)

## COMMUNITY OUTREACH AND ACTIVITIES

### SCHOOL REENTRY PROGRAM

- This program is coordinated by OBC staff to assist children, teens and young adults transitioning back to school or work after a serious burn or wound injury. Education and support are often communicated by phone and email, or for children with larger burns, OBC staff will go to the school and give a formal presentation to the child's school peers and staff.
- For additional information, call 503-413-1727 or email [mkruege@lhs.org](mailto:mkruege@lhs.org)

### LITTLE HEROES CAMP

- A 4-day camp near Sacramento, California designed specifically for pre-school burn survivors ages 3 to 6 years and their whole family. <http://ffburn.org/programs/burn-camps/little-heroes>

### COLORADO FAMILY CAMP

- A camp for burn survivors of all ages. This family-centered camp takes place at Estes Park, Colorado over 5 days. [www.cheley.com/about/specialty-camps.php](http://www.cheley.com/about/specialty-camps.php)

### COLORADO SUMMER CAMP

- A week-long camping experience at Camp Cheley, also in Estes Park, Colorado for teen burn survivors ages 10 to 18 years. [www.cheley.com/about/specialty-camps.php](http://www.cheley.com/about/specialty-camps.php)

### WORLD BURN CONGRESS

- A 5-day international conference put on by The Phoenix Society. This annual event brings together hundreds of burn and wound survivors, their families, caregivers, burn care providers and firefighters.
- For additional information, call 1-800-888-2876 or visit [www.phoenix-society.org](http://www.phoenix-society.org)

### LEAP ROGUE RIVER KAYAKING TRIP: Leadership – Experience – Adventure – Program

- A 5-day wilderness raft/kayak trip for burn survivors on the Rogue River. This adventure is facilitated by Orange Torpedo Rafting, LEAP and by staff of the OBC. Check out their latest rafting adventures on video at [www.frequency.com/video/rogue-river](http://www.frequency.com/video/rogue-river)

\*For information regarding any of these events, contact Mona Krueger at 503-413-1727 or [mkruege@lhs.org](mailto:mkruege@lhs.org)

## INSPIRATION

- Join our Facebook group: **Pacific NW Burn + Wound Survivors**
- Pick up one of our Survivor Stories, both available on Amazon:
  1. **Singed Miracles** by Laura Brixey
  2. **Sage Was The Perfect Shadow** by Mona Krueger