LMG Occupational Medicine

LOCATION: 1475 Mt. Hood Ave. Suite 130, Woodburn, OR 97071
CLINIC HOURS: Monday-Friday, 8:00 am - 4:30 pm
PHONE: 971-983-5340 EMAIL: OCCMED@LHS.org
FAX: 971-983-5343 WEB: legacyhealth.org/occmed

Service Request Form

Driving directions and map on back (next page) of this form.

PATIENTS: PHOTO ID REQUIRED. Go to Legacy Woodburn Health Center's main doors. Once inside, you can find our clinic by following the walkway to the right. Go past Vitality, Woodburn Family Medicine and the restrooms, then to the left of the fountain to Suite 130. As you enter the building, there is also a kiosk with a large map to guide you.

EMPLOYERS: PLEASE fill out this form COMPLETELY.

- Employee must bring a newly completed Service Request Form* to every visit. You may also email it or fax it (see info. above left).
- Provide a Services Tip Sheet* to each employee, if appropriate, when appointment is made to review service requirements.
- Drug screen patients need to be well hydrated and arrive ready to provide a sample to avoid rescheduling or a report of Refusal to Test.
- Chain of Custody for drug screens must accompany employee or be on file with, or provided to, clinic in advance.
- Please make appointments, if possible, for all drug screens and breath alcohol testing. UDS only walk-ins welcome **with this form.**
- All DOT drug testing can only take place during clinic hours until 2:00pm.

Company: Employer Approval: Date:

☐ Interpreter Needed

Employee Name: Employee DOB: APPT. Date/Time:

Employee Phone: Billing: ☐ Company (above) or ☐ TPA: _____

Drug screen type, designation and agency designation:

➤ Making appointments can avoid long wait times/staffing issues ➤

Non-DOT	Federal/DOT testing - MUST designate which agency DOT: ☐ FMCSA ☐ FTA ☐ FAA ☐ FRA ☐ PHMSA ☐ USCG	
☐	☐	Pre-employment Urine Drug Screen (UDS)
☐	☐	Reasonable Suspicion Urine Drug Screen
☐	☐	Post-Accident Urine Drug Screen
☐	☐	Random Urine Drug Screen
☐	☐	Return to Duty Urine Drug Screen
☐	☐	Follow-up Urine Drug Screen
☐	☐	Observed UDS (can be added to any UDS) (**REQUIRED** for any DOT Return to Duty or Follow-Up)
☐		New Contract Requirement Drug Screen
☐	☐	Breath Alcohol Test (BAT)

Service by appointment ONLY:

Immunizations (Add immunizations not listed here in the space below)

☐ Hepatitis B Vaccine: ☐ 3 Dose Series or ☐ 2 Dose Series
☐ TD Vaccine (Tetanus/Diptheria)
☐ TDAP Vaccine (Tetanus/Diptheria/Pertussis)

Labs (Be well hydrated. Add labs not listed here in the space below)

☐ Hepatitis B Immunity Titer (blood draw)
☐ TB Quantiferon Gold (blood draw)
☐ TB (Tuberculosis) Skin Test: ☐ Step 1 ☐ Step 2 (within 1 year of Step 1)

List other services, special instructions or requests:

Please list:

Service by appointment ONLY (UNLESS OTHERWISE NOTED):

Respiratory (*Required forms on the internet, see web address in bottom box)

☐ Spirometry (Max. of 16 oz caffeine 4 hours prior, no smoking/vaping 1 hour prior)
NOTE: Spirometry (lung function) testing will be automatically added when medically necessary to complete the OSHA medical review or Fit Testing, and/or DOT/DOTLA Physicals.
☐ Respiratory OCCMED/OSHA Form Review* (NO APPT. - SUBMIT DOCS)
☐ Respirator Fit Test (must be clean shaven same day as appointment)

Sensory

☐ Audiometry (hearing) (Clean ears to avoid in-clinic cleaning and appt. reschedule)
☐ Titmus (visual acuity) (Bring glasses or contacts)

Physicals (Wear work attire/closed-toed shoes. Light meals, avoid energy drinks.)

☐ DOT - Dept. of Transportation or DOE - Dept. of Education, Physical
☐ New certificate ☐ Recertification
☐ WH515 Farmworker Transport Physical
☐ Basic Pre-Placement Physical or Annual Physical
☐ DPSST (☐ Form F-2 or ☐ Form F-2T)
☐ Physical Demands Test (list job title if multiple PDT's on file with BHS)
Job Title: _____
☐ Extensive Physical or Extensive Physical Demands Test

X-Rays

☐ TB X-ray: ☐ 1 View Chest X-Ray with Nurse Consult (recommended)
☐ 2 View Chest X-Ray
☐ 3-View Lumbar X-ray

(No-shows for ALL appointment services will be charged a no-show fee)

URGENT CARE

For acute injured worker care: fractures, lacerations, etc.
HOURS: Monday – Friday, 8:30 am - 6:30 pm

- **Urgent Care entrance is located at the East end of the building (far right of the main building entrance).**
- **LMG OCC MED post-accident UDS/BAT available at the clinic during OCC MED clinic hours until 2:00pm.**

***All LMG OCC MED forms and instructions can be accessed and downloaded at: legacyhealth.org/occmed.**
Simply scroll down to the menu listings under the map and click on 'Forms and Resources', then click on the file(s) you need. 10/26

DIRECTIONS TO LEGACY WOODBURN HEALTH CENTER:

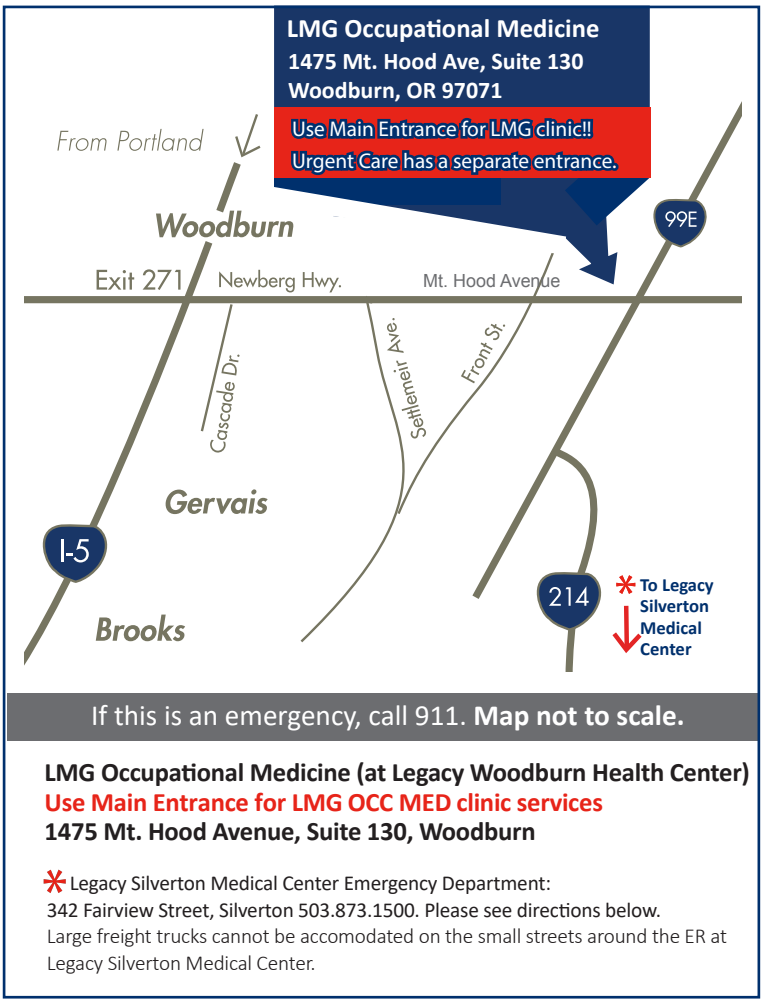
From I-5 heading South towards Woodburn:

- Take Exit 271 on your right, stay in far left lane, turn left onto Highway 214 (Mt. Hood Avenue).
- Proceed straight on Highway 214 (Mt. Hood Avenue) for approximately 2.4 miles.
- You will pass two schools and under the railroad/N Front Street overpass.
  TO PARK: **Cars and small trucks:** Turn left at the next traffic light after the N Front Street overpass, into the Legacy Woodburn Health Center campus. At the campus stop sign, turn left and park. **Large Freight Trucks:** Turn right at the first traffic light after the N Front Street overpass and park in the Bi-Mart parking lot. You will need to walk across the street to the health center entrance. *If you reach 99E you have gone too far.*

  Enter through the main entrance (under metal awning) and follow directions on front of this form to BHS clinic.
- **For Urgent Care:** turn right at the campus stop sign and park. The entrance is on the East end of the building.

From I-5 heading North towards Woodburn:

- Take Exit 271 and turn right at the stop light, get in left lane.
- Proceed straight on Highway 214 (Mt. Hood Avenue) for approximately 2.2 miles.
- You will pass two schools and under the railroad/N Front Street overpass. Turn left at the next traffic light into the Legacy Woodburn Health Center campus.
- Follow the red 'TO PARK' instructions above.



If this is an emergency, call 911. **Map not to scale.**

LMG Occupational Medicine (at Legacy Woodburn Health Center)
Use Main Entrance for LMG OCC MED clinic services
1475 Mt. Hood Avenue, Suite 130, Woodburn

Legacy Silverton Medical Center Emergency Department:
342 Fairview Street, Silverton 503.873.1500. Please see directions below.
Large freight trucks cannot be accomodated on the small streets around the ER at Legacy Silverton Medical Center.

From 99E heading South towards Woodburn:

- As you enter Woodburn, get in the right lane.
- Turn right on Mt. Hood Avenue at the traffic light at the intersection of 99E and Highway 214/211. The intersection is the first major traffic light as you enter Woodburn.
- Stay in the right lane after turning, and turn right at the next traffic light into the Legacy Woodburn Health Center campus. Large Freight trucks turn left at the traffic light and park in the Bi-Mart parking lot.
- Follow the red 'TO PARK' instructions above.

From 99E heading North towards Woodburn:

- Stay in the left lane on 99E traveling North through Woodburn.
- When you see Al's Garden Center on your right, there will be a traffic light at the next intersection (99E and Highway 214/211 - Mt. Hood Avenue). There will be two left turn lanes -- stay in the outer (right) left turn lane, and turn left onto Hwy 214.
- At the next traffic light turn right into the Legacy Woodburn Health Center campus. Large Freight trucks turn left at the traffic light and park in the Bi-Mart parking lot.
- Follow the red 'TO PARK' instructions above left.

DIRECTIONS TO LEGACY SILVERTON MEDICAL CENTER EMERGENCY ROOM FROM WOODBURN HEALTH CENTER:

For emergencies or treatment of injuries too severe for urgent care or that occur outside of Legacy Woodburn Urgent Care hours.
Address: 342 Fairview Street, Silverton, OR 97381 -- Approx. 13 miles from 99E and Highway 214/211 intersection. Phone: 503.873.1500

From Legacy Woodburn Health Center to Legacy Silverton Medical Center Emergency Room:

- Proceed to the stop light at Mt. Hood Avenue (where you came in).
- Turn left at the stop light towards 99E and proceed to the right lane on Mt. Hood Avenue.
- Turn right onto 99E as you approach the next (99E/Hwy 214/211) intersection. After turning right (south), get in left lane and proceed for 1.1 miles until you get to the intersection of 99E and Eastbound Highway 214.
- Turn left to follow Highway 214 to Silverton. Proceed for 10.7 miles through the city of Mt. Angel, until you enter Silverton.
- As you enter Silverton (Roth's will be on your left) the first stoplight will be C Street. Turn right and follow this street for .6 miles. Stay in the middle lane, straight through the first traffic light on West C Street, around a curve to the left to another traffic light and go straight (crossing McClane Street -- Highway 213). You are now on Westfield Street. There will be a shopping mall on your right and as you approach Safeway, there will be a left turn lane, turn left onto W. Center Street.
- The Hospital will be on your left at the top of the hill. Turn left onto Fairview Street and go nearly all the way to the end.
- Follow signs for ER entrance.

LEGACY HEALTH