

Coping with the Fear of Cancer Recurrence

Dr. Michelle Lee is a Clinical Health Psychologist specializing in cancer and sees patients virtually and in person at the Good Samaritan Cancer Healing Center.



After treatment ends, one of the most common fears patients have is that the cancer will come back, also called recurrence. Anxiety about recurrence is very normal but doesn't need to hold you back from the life you wish to live.

Join Psychologist, Dr. Michelle Lee, to learn simple strategies for managing the fear and uncertainty that come with having had a cancer diagnosis, including triggers and anxiety related to follow-up scans or tests.



When: Tuesday, October 20th, 5:30 - 7:00 p.m.

Where: Virtual on Zoom

Registration: Scan the QR code or visit www.legacyhealth.org/cancerclasses



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