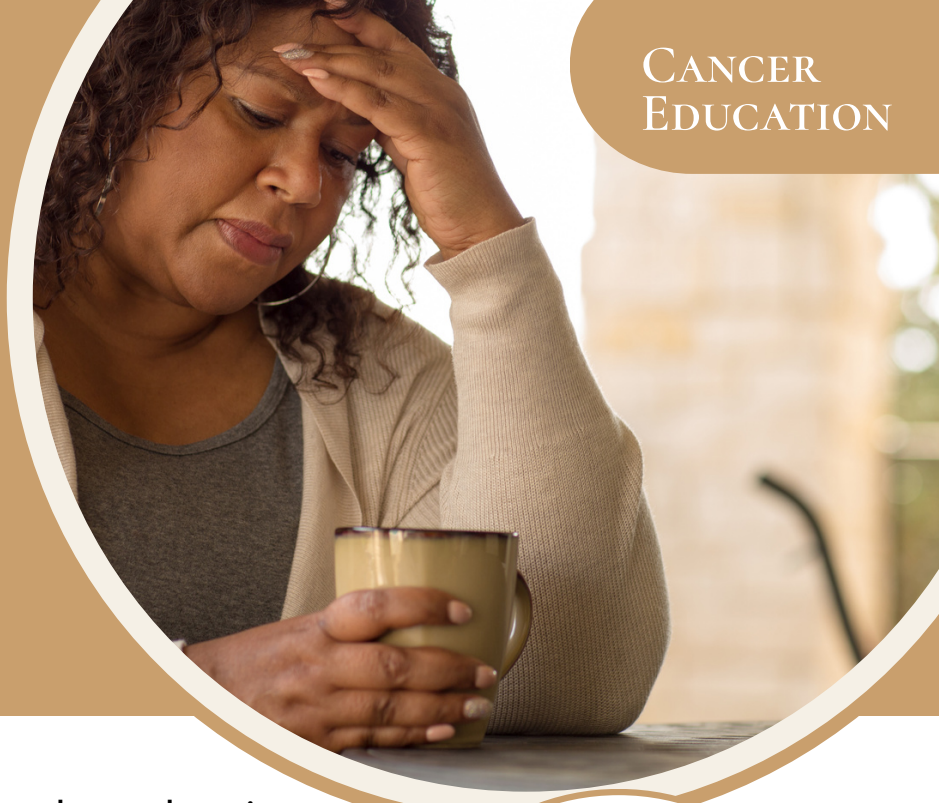


Navigating Menopause After Cancer Treatment

The Legacy Cancer Healing Center invites you to join Nurse Practitioner Evonne Kandas as she discusses this important topic.



Most menopause symptoms are related to a drop in estrogen levels. When menopause occurs because of cancer treatment, symptoms can happen earlier, start quickly, or be more intense. Hot flashes and night sweats, aching joints, sleep or mood changes, sexual health issues, dry/itchy skin and feeling more anxious or overwhelmed are common changes.

Join us to learn about practical strategies, treatment options, and available resources to help you manage cancer-related menopausal symptoms that may be impacting your body, mind and daily life.



When: Wednesday, September 30th, 5 - 6 pm

Where: Virtual via Zoom

Registration: Scan the QR code or visit
www.legacyhealth.org/cancerclasses