



Nutrition in Survivorship

Join us for a fun afternoon of cooking and discussion about foods to support your health in survivorship. Our dietitians, Marci Reed and Alexa Billy will share seasonal recipes, showing how to prepare them as well as talking through the health benefits of these foods. Samples of the food that is prepared will be available to try with time for your questions. This talk is open to anyone who has received a cancer diagnosis and their loved ones.

Date: Thursday, September 10, 2026

Time: 12 - 1:30 p.m.

Location: Good Samaritan Medical Center
Legacy Cancer Healing Center
Medical Office Building 3, Suite LL10



Scan QR code or visit www.legacyhealth.org/cancerclasses to register.



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Questions?

Contact Laurie Christensen at:
lchrist@lhs.org or 360-487-1726