What does Legacy Health know about

Prevention and chronic disease management?

Chronic diseases like high blood pressure and diabetes require careful management. Prevention requires vigilance. This is what happens in our patient-centered health homes.

Every one of our 24 primary care clinics is a certified patient-centered health home. We have led the way in Oregon with this model. And the results have been dramatic.

More and more of our patients with high blood pressure are meeting targets. 45% more in just 3 years.

The percentage of our patients with diabetes who get an annual blood test to check on their blood glucose control has gone from 91% to 97%.
The percentage of our female patients getting recommended pap smears has risen **77%** in **six** years.

**67%** of our female patients are getting recommended mammograms.

People who are well-managed don’t have as many emergency room visits. Our patients’ use of the ER went down **8%** in just one year.

There’s much more to Legacy Health. Visit us at [www.legacyhealth.org](http://www.legacyhealth.org).