



**Teresia M. Hazen, MEd, HTR, QMHP** has been with Legacy Health in Portland, Oregon since 1991. This is a not-for-profit integrated healthcare network including six hospitals and related services. Legacy promotes gardens in healthcare to create supportive environments of care for patients, families, visitors, staff and neighbors. Each garden is a part of a clinical cost center through patient care services.

Teresia is responsible for pioneering the horticultural therapy program and therapeutic gardens for Legacy's long-term care and skilled nursing patients, in 1991. Today, she oversees ten therapeutic gardens and horticultural therapy work through the Rehabilitation Institute of Oregon, Emanuel Children's Hospital and the Oregon Burn Center. The Good Samaritan Hospital Stenzel Healing Garden was recognized by the American Horticultural Therapy Association Therapeutic Garden Award in 1998. The Children's Hospital Garden received the same honor in 2000 and the Oregon Burn Center Garden in 2006.

In addition to being a Registered Horticultural Therapist, Ms. Hazen holds a Master of Education degree (M.Ed.), a K – 12 Administrative Credential, and is a Qualified Mental Health Professional (QMHP). The focus of her training has been pediatrics, gerontology, addictions counseling, special education, horticulture and curriculum design.

Teresia calls upon her extensive, broad-based background to facilitate interdisciplinary garden design teams and to develop therapeutic programs in healthcare gardens. She is also responsible for aspects of fund development, marketing, public relations and volunteer services to sustain the garden programs.

Teresia served on the American Horticultural Therapy Association Board of Directors from 1995 – 1999. In 2003, the Association recognized her leadership by honoring her with the Rhea McCandliss Professional Service Award. In 2007, the American Horticultural Society awarded Teresia the annual HT award for national leadership. In 2012, the Portland Garden Club recognized her with their "Outstanding Achievement Award." For ten years, she has served as an instructor for the Chicago Botanic Garden Healthcare Garden Design Certificate program and for six years teaching at the University of Washington Certificate in Therapeutic/Healing Gardens program. She has taught, lectured and consulted regarding gardens in healthcare, horticultural therapy for a wide variety of populations, benefits of gardening and nearby nature, therapeutic garden design, participatory design process, and gardens in senior living communities in the US, Japan, Korea, China, Canada, France and Britain.

Teresia Hazen, MEd, HTR, QMHP  
Registered Horticultural Therapist  
Coordinator of Therapeutic Gardens and HT  
Legacy Health  
1015 NW 22nd Ave Suite 529  
Portland, OR 97210  
503.413.6507 [thazen@lhs.org](mailto:thazen@lhs.org) [www.legacyhealth.org/gardens](http://www.legacyhealth.org/gardens)