Emergency room or urgent care

Get the right care at the right time

Health problems don't always happen when your doctor's office is open. When you or your child needs care, use this list to help you decide if you should go to the ER or Legacy urgent care in your area.

If your injury or illness isn't as urgent, you can call your primary care doctor; many clinics can see you within a day or so. If you don't have a primary care doctor, call **503-335-3500** or go to **www.legacyhealth.org/findaprovider** to find a doctor who is right for you.

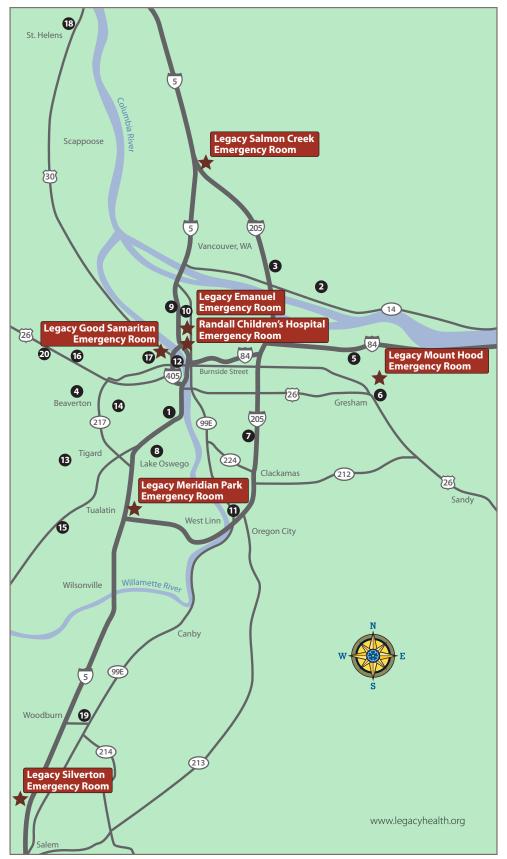
If you are having chest pain, symptoms of stroke or another serious illness or injury, please call 911.

Condition	Urgent Care	Emergency
Allergic reactions		V
Allergies (seasonal)	V	
Animal, insect bite (minor)	V	
Animal, insect bite (severe)		V
Asthma attack (minor)	V	
Asthma attack (severe)		V
Bleeding that won't stop		V
Boil, abscess, incision drainage	V	
Broken bone (bone not sticking out of skin)	~	
Broken bone (bone sticking out of skin)		~
Bronchitis	V	
Burn (small)	V	
Burn (large)		✓
Chest pain or severe chest pressure		~
Cough, common cold, flu	V	
Confusion; disorientation		V
Coughing or vomiting blood		✓
Cuts (minor) and stitches removal	~	
Dehydration, not drinking and eating		~
Dental pain	V	
Difficulty breathing or shortness of breath		~
Dizziness, weakness or loss of coordination or balance		~
Earache	V	
Eye problems (pink eye, eye irritation)	✓	
Fainting		✓

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Condition (continued)	Urgent	Emergency	
	Care		
Fever not related to the			
common cold or flu (infants		~	
younger than 8 months old)			
Fever not related to the			
common cold or flu (infants older than 8 months, children	~		
and adults)			
Foreign object removal		V	
Headaches and migraines		~	
Head injury		V	
High blood pressure		\(\times \)	
Infants under 8 months		V	
Medication refills	V		
(non-narcotic)			
Poisoning			
Poison Control: (800-222-1222)			
Pregnancy-related issues (pain,		V	
bleeding)		•	
Pregnancy test	✓		
Rash	✓		
Rash with fever		V	
Seizure		~	
Sore throat	✓		
Sprain or strain	✓		
Stomach pain (minor)	✓		
Stomach pain (severe)		✓	
Swallowed object		V	
Tetanus shot	V		
Urinary tract infection	✓		

We accept all forms of insurance. Depending on your insurance, we may need to collect a co-pay at your visit.





- 1 | Legacy—GoHealth Barbur 7461 S.W. Barbur Blvd., Portland, OR 97219
- 2 Legacy–GoHealth Camas 3425 S.E. 192nd Ave., Suite 106 Vancouver, WA 98683
- 3 Legacy–GoHealth Cascade Park 305 S.E. Chkalov Drive, Suite 170 Vancouver, WA 98683
- 4 Legacy—GoHealth Cedar Hills 2870 S.W. Cedar Hills Blvd. Beaverton, OR 97005
- 5 Legacy–GoHealth Fairview 22262 N.E. Glisan St., Gresham, OR 97030
- 6 Legacy–GoHealth Gresham 2850 S.E. Powell Valley Road Gresham, OR 97080
- 7 Legacy–GoHealth Johnson Creek 9361 S.E. 82nd Ave., Happy Valley, OR 97086
- 8 Legacy–GoHealth Lake Oswego 3 Monroe Parkway, Lake Oswego, OR 97035
- 9 Legacy–GoHealth Lombard 1440 N. Lombard St., Suite B Portland, OR 97217
- **10** Legacy–GoHealth North Williams 3505 N. Williams Ave., Portland, OR 97227
- 11 Legacy—GoHealth Oregon City 1900 S.E. McLoughlin Blvd., Suite 127 Oregon City, OR 97045
- 12 Legacy–GoHealth Pearl 1244 N.W. Marshall St., Portland, OR 97209
- 13 Legacy—GoHealth Progress Ridge 12325 S.W. Horizon Blvd., Suite 225 Beaverton, OR 97007
- 14 Legacy—GoHealth Raleigh Hills 4800 S.W. 76th Ave., Portland, OR 97225
- 15 Legacy-GoHealth Sherwood 21430 S.W. Langer Farms Parkway, Suite 158 Sherwood, OR 97140
- 16 Legacy—GoHealth Sunset 13305 N.W. Cornell Road, Suite C Portland, OR 97229
- 17 Legacy Urgent Care—Good Samaritan 1015 N.W. 22nd Ave., Portland, OR 97210
- 18 Legacy Urgent Care—St. Helens 500 N. Columbia River Highway, Suite 7 St. Helens, OR 97051
- 19 Legacy Urgent Care—Woodburn 1475 Mt. Hood Ave. Woodburn, OR 97071
- 20 Randall Children's Urgent Care 1960 N.W. 167th Place, Suite 103 Beaverton, OR 97006

