

Celebrate Summer in the Garden

Join the Good Health Team, Sustainability and Therapeutic Garden programs
August 6, 11:30 – 1:00



in the Healing Garden to celebrate summer.

Enter the garden raffle for a salad bowl and other nature and gardening goodies. Free wildflower seeds with planting directions. Garden resources available.

Good Health Team review ***Check on You, Check on Two***

https://mylegacy.lhs.org/newscenter/Pages/Insight_2020_07_07_check-you-check-on-two-employee-wellness.aspx and other employee resources for our good health.

Take a garden break and enjoy lunch. Masks and distancing required.

Free fresh air, sunshine and peace.



For more info:

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<https://www.legacyhealth.org/our-legacy/stay-connected/story-center/stories/2018-stories/people/2018-11-nurses-study.aspx>