WSU Master Gardener
Advanced Education Conference
Tacoma, WA September 27-30, 2023

Horticulture for Health and Well-Being: Year-round Nature Based Programming for Special Populations

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Resources: posted at Conference Handouts | Horticultural Therapy | Legacy Health

This handout and other session handouts posted at Conference Handouts | Horticultural Therapy | Legacy Health www.legacyhealth.org/gardens.

American Horticultural Therapy Association www.ahta.org
About Horticultural Therapy (ahta.org)
final_ht_position_paper_updated_409.pdf (memberclicks.net)
2023 Annual Conference (ahta.org)
Education for Horticultural Therapists (ahta.org)

Activity director courses
Gerontology at PCC
Activity Director Certification Classes - PCC - Bing video
Activity Directors Network Online Classroom
Activities Director | Standards of Care
How to Become an Activities Director at a Nursing Home | Maryville Online

Activity Ideas
Activity Programs for Nursing Homes and Assisted Living (verywellhealth.com)
List of Therapeutic Activities for Seniors with Alzheimer's and Dementia (accessiblehomehealthcare.com)
30 best activities for someone with dementia (medicalnewstoday.com)
Gardening & Nature Events - AARP Virtual Community Center - Find Free Online Events - AARP
New Therapeutic Horticulture Activities! | NC State Extension (ncsu.edu)
Therapeutic Horticulture (missouribotanicalgarden.org)
Spring Activities for Horticultural Therapy | Chicago Botanic Garden

Other Resources

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Garden Time TV https://www.youtube.com/embed/utqvfzmwdeQ, https://www.youtube.com/embed/alaF24ipZRQ

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Legacy Health Therapeutic Garden Program www.legacyhealth.org/gardens. Volunteer in the Legacy Health Therapeutic Garden Program. Contact Meghan McKiernan, HTR, mmckiern@lhs.org.

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NWTH Northwest Therapeutic Horticulture Networking Group, free and open to all.
nwtherapeutichorticulture@gmail.com
About | nwth (nwtherapeutichorti.wixsite.com)
Northwest Therapeutic Horticulture -NWTH | Portland OR | Facebook

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