

Mandatory Education

Oregon and Washington Medical Licensee

Oregon Medical Board

Cultural Competency

All active licensees are required to complete an average of at least one hour of Cultural Competency Continuing Education (CCCE) per year during an audit period. Many types of courses and experiences satisfy the requirement. Licensees can review the Oregon Medical Board ([OMB Cultural Competency website](#)) to see approved courses and may use the OMB [Recording Keeping Form](#) to track and attest to educational hours. Audited licensees will be asked to also produce documentation of their cultural competency educational experiences.

**CCCE must be designated as Category 1 by the AMA for the CCCE to go towards the requirement for licensees to obtain 30 CMEs a year. For the first audit period during the Fall 2023 renewal cycle, licensees will be required to report two hours of CCCE.*

Pain Management

All active licensees are required to complete the Oregon Pain Management Commission's (OPMC) free, online continuing education course "[Changing the Conversation About Pain](#)," at initial licensure and every two years.

Suicide: Risk Assessment, Treatment, and Management

Licensees are required to report any continuing education regarding suicide risk assessment, treatment, and management when renewing their state license to practice. The [OMB encourages](#) licensees' participation in continuing education on this important public health issue. Continuing education on this topic is considered relevant to the practice of all licensees, regardless of specialty.

Alzheimer's Disease and Dementia Care

Continuing education in Alzheimer's disease is considered relevant for all physician and physician assistant licensees, regardless of specialty. While continuing education in Alzheimer's disease is not required, the [OMB strongly encourages](#) those who practice in primary care or geriatrics to obtain continuing medical education related to Alzheimer's disease and other forms of dementia.

Washington State Medical Commission

Pain Management

If you prescribe opioids in Washington, you must complete a one-time continuing medical education course that is at least one-hour in length. Any training that offers CME, is at least one-hour in length, and is about opioid prescribing best practices will fulfill the requirement.

Suicide Assessment, Treatment, and Management Training

Licensees are required to complete a one-time, six-hour suicide assessment, treatment, and management training. Licensees must select a course from the [Model List](#). There is no requirement to send proof of completion of the training to the Commission although the Commission may request proof of completion during a complaint investigation.