



Baby & Me Group

Legacy invites you to our weekly parenting support group

Happy or sad, good day or bad, please join us to share stories and ask questions. Baby & Me support group is a great activity to do with your baby!

New parents and babies 0–6 months are welcome. We provide a safe space for diaper changing, infant feeding and everything in between.

Masks are required for all adults who attend the group.

Questions? Contact HavingABaby@lhs.org.

All Baby and Me sessions are **free**. No need to register — drop-in when you can!

Portland

Tuesdays, 2:30–4 p.m.

Legacy Good Samaritan Medical Center
Medical Office Building 2, 1040 N.W. 22nd Ave.
Portland, OR 97210

Lower Level Classroom — enter through Legacy Breast Health Center. Park in Parking Structure 2; be sure to validate ticket.

Wednesdays, 2:30–4 p.m.

Legacy Emanuel Medical Center
Medical Office Building 2, 2801 N. Gantenbein Ave.
Portland, OR 97227

Conference Room West (near the valet parking/Atrium entrance).
Valet park or park in Parking Structure 2; be sure to validate ticket.

Vancouver

Thursdays, noon–1:30 p.m.

Legacy Salmon Creek Medical Center
2211 NE 139th St.
Vancouver, WA 98686
Conference Room C&D

Silverton

Tuesdays, 10:30 a.m.–noon

Legacy Silverton Medical Center
342 Fairview St.
Silverton, OR 97381
Conference Room D