

Randall Children's Hospital

Welcome

If your child is coming to Randall Children's Hospital for surgery or a procedure, you may have questions. This sheet will help. Be assured, the doctors, nurses and staff in our Children's Day Surgery and Procedure Suites know about the different physical and emotional needs of children and provide expert care in a kid-friendly environment.

The week before surgery

A nurse will call you at home up to seven days before your child's procedure. The nurse will ask about your child's health history. The nurse can also answer questions about your child's procedure and can help you plan a tour for your family.

The nurse who calls is part of our Pediatric Pre-Admission team. Also, on the team are Child Life Specialists who help teach children about their hospital stay. If you have any other questions you can call **Pediatric Pre-Admission at 503-413-2244**. The team is here Monday through Friday from 8a.m. to 7p.m.

Legacy registration will also call before the surgery to ask about your health insurance. On the day of surgery, please bring a copy of your insurance card as well as any payments you need to make. For questions about your bill, please call 503-413-4048

The night before surgery

- Please do not give your child anything to eat or drink after midnight, unless told otherwise by your doctor or pre-admission nurse. Talk to your doctor if your child has special feeding needs
- Bathe your child and dress him or her in clean pajamas. Your surgeon may also give you a special cloth to clean your child's skin before surgery. Using this cloth helps lower the chance of infection after surgery.

- Please do not use any lotions, powders or other skin products on your child after bathing. These products can make it difficult for bandages and tape used during surgery to stick.

The day of surgery - checking in

- Please arrive at the time scheduled by your doctor. If not sure of your appointment time, please contact your doctor's office.
- Park in the orange parking structure (Parking 4).
- Please check in at the lobby desk of Randall Children's Hospital.
- You may bring your child's favorite comfort item or blanket. We will supply pajamas for your child

Before surgery

- A nurse will greet you and get your child ready. The nurse will do a quick exam of your child and ask about health history and medicine. Please let us know if your child has any special needs.
- Our staff will give your child a hospital ID bracelet. The parent(s) or guardian will get a matching bracelet.
- Your child will change into hospital pajamas.
- There may be time before surgery for your child to play in our playroom or explore the interactive GetWell Town in their room.
- Just before surgery, your child may get medicine to help him or her relax.
- You will have time to talk with your doctor and anesthesiologist about the surgery.



**RANDALL CHILDREN'S
HOSPITAL**

LEGACY EMANUEL

Surgery and recovery

- You will be shown where to wait to meet the doctor after your child's surgery.
- After your child will go to the recovery room or Post-Anesthesia Care Unit (PACU) to wake up. Waking up may take a few minutes but sometimes it can take more than an hour.
- Once your child starts to wake up, you will return to their room or your overnight room to recover.
- Your child may be sleepy for a while after surgery and may have an I.V. (a small tube put in a vein to deliver fluids and medicine). Please plan to stay with your child during this time to help comfort and care for your child.
- A nurse will make sure your child is as comfortable as possible. This may include pain medication.
- Once awake, your child may start drinking and eating ice pops, juice or crackers.

Going home

- When your child is ready to go home, your nurse will work with you to make sure you are confident about caring for your child at home.
- You may have prescriptions filled in the Legacy Emanuel pharmacy in the Atrium or at your pharmacy.

- Your child will ride to the hospital exit in a wheelchair or wagon, or may be carried by an adult.

- If your child goes home the same day, a nurse will call you 1-2 days after you return home to check on your child and answer any questions.

Staying the night

- If your child is admitted to Randall Children's Hospital after surgery, you can expect a private room with extra-large windows with views and lots of light. The rooms have plenty of space for you to stay with your child.

Questions?

Please call the **Pediatric Pre-Admissions** office Monday through Friday at **503-413-2244**.

Thank you for choosing Randall Children's Hospital. Please let us know if there is anything we can do to help you while you are our guest. We are here for your child's comfort and safety. It is our goal to treat everyone with respect, to listen and to have a clean, quiet and healing hospital.