



Instructions for stool testing (C. difficile toxin by PCR, C. difficile toxin detection, fecal fat qualitative, fecal leukocytes, H. pylori stool antigen, norovirus, or rotavirus)



Do not use a laxative before collecting your stool sample.

1. Schedule an appointment at a Legacy Laboratory Patient Center. Find our locations and hours at www.legacyhealth.org/labservices or call 503-413-1234 or 877-270-5566.
 - For fecal Leukocyte tests, you must drop off your sample within 12 hours.
 - For all other tests, you must drop off your sample within 24 hours.
2. Collect your stool in the clean, wide-mouth container. Urinate before collecting your stool, if needed. Do not get urine or water into your stool.
 - For C. difficile tests, you must provide liquid or soft diarrhea stool sample.
3. Move your stool into the transport container (pictured above).
4. Tighten the lid until it clicks. This prevents your stool sample from leaking.
5. Wash your hands for at least 20 seconds with soap and water.
6. Label the transport container with the patient's full legal name, date of birth (DOB), and collection date and time.
7. Put the transport container in the refrigerator immediately. Do not freeze.
8. When ready to drop off your stool sample:
 - Put an ice pack or bag of ice around the outside of your transport container. This will keep your stool sample cool.
 - Bring your ID, insurance card, doctor's lab order, and stool sample.
9. Go to your chosen Legacy Laboratory location and check in. A Patient Service Center member will review your order and stool sample with you.